

cumming north

SpringEdition2012



**In this
issue...**

Muirfield Pupils
Do the Teaching!

Historic Northfield
A window to the past.

Bramble Brae
Science Club Fun.

Northfield Neep
A pensioner and his garden.

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editorial

Hello, and welcome to the Spring 2012 issue of Cumming North. We are striving to publish three editions a year now, so the past few weeks have been hectic as those of you involved with creating the magazine will be aware.

Cumming North is a way for anyone from Northfield or Cummings Park to tell others about what's going on, or as a way to make your own voice heard.

Thank you to those who have submitted articles, worked on designing the magazine and chased up people for articles. Your hard work is very much appreciated!

Anyone who wishes to submit an article for the next issue is more than welcome to do so. If you are involved in anything that you think others in the area would be interested to hear about, please let us know.

If you would like to become involved and live in either Cummings Park or Northfield there are many aspects to creating the magazine which you could help with. Just get in touch and training will be arranged. Please contact:

Cumming North Magazine, Publications Dept,
Station House Media Unit

Email: cummingnorthmag@shmu.org.uk

Tel: 01224 515013

Supported by





Roots of Empathy

Roots of Empathy's mission is to build caring, peaceful, and civil societies through the development of empathy in children and adults.

Aberdeen City Council Childcare Services Team along with Action For Children are pleased to announce that they will be launching a Roots of Empathy Programme in the Northfield area of Aberdeen. Trained instructors will be going into the Primary Schools associated with Northfield Academy and will be delivering a 27 week programme following the Roots of Empathy Curriculum.

In the Roots of Empathy program, a parent and baby (who is two to four months old at the start of the program) from the community visit a classroom nine times over the course of a school year. A trained Roots of Empathy instructor visits with the family to guide children as they observe the relationship between the baby and his or her

parent. The instructor also visits before and after each family visit to reinforce teachings. There are 27 classroom visits in total in a Roots of Empathy program. In the program, the baby is the "teacher." With each family visit, the instructor leads the children in noticing how the baby is growing and changing over the course of his or her first year of life. The children also watch the loving relationship between the parent and baby and see how the parent responds to the baby's emotions and meets the baby's needs. The attachment relationship between a baby and a parent is an ideal model of empathy.

Children learn to understand the perspective of the baby and label the baby's feelings, and then are guided in extending this

learning outwards so they have a better understanding of their own feelings and the feelings of others. This emotional literacy lays the foundation for more safe and caring classrooms, where children are "Changers." They are more socially and emotionally competent and much more likely to challenge cruelty and injustice. The Roots of Empathy program was founded in Canada in 1996 by Mary Gordon, an internationally recognized educator, social entrepreneur, author and child advocate, and today has reached more than 450,000 children worldwide.

Courtesy of <http://www.rootsofempathy.org/>

Please visit the website for more information

4 egg yolks
400ml condensed milk
6 tbsp fresh lime juice
(about 5 limes worth)
200ml double cream
Lime zest to serve

Crust

12 digestive biscuits
45g caster sugar
135g melted unsalted butter

1. Preheat oven to 175°C/gas 3. For the pie crust, lightly grease a 22cm metal or glass pie dish with a little of the melted butter. Blend digestive biscuits, caster sugar and remaining melted butter in a food processor until the mixture resembles breadcrumbs. Transfer to pie dish and spread over the bottom and up the sides, firmly pressing the mixture down. Bake for 10 minutes, or until lightly browned. Remove from oven and place dish on a wire rack to cool.

Key lime Pie

2. For the filling whisk the egg yolks in a bowl. Gradually whisk in condensed milk until smooth. Mix in lime juice, then pour filling into pie crust and level over with the back of a spoon.
3. Return to the oven for 15 minutes then place on a wire rack to cool. Refrigerate for 6 hours or overnight.
4. To serve, whip cream until it just holds stiff peaks. Add dollops of cream to the top of the pie, and grate over some lime zest, for extra zing.



Need 5 limes

best
cheesecake
ever!!

quickest
Tablet
ever!!

Ingredients:

Makes: 12 12 in 16 portions
dependant upon the size you
choose to cut

450g 1 lb caster sugar
125g 4 1/2 oz unsalted butter
170g 6 oz evaporated milk
Prep: 5 mins
Cook: 12 mins
Extra time: 2 hours, setting

Microwave Tablet

Method:

1. Pour all the ingredients into a LARGE microwavable bowl as the mixture cooks it expands and beat well.
2. Place in the microwave on high for 12 minutes. At 3, 6 and 9 minutes take the mixture out of the microwave and beat well. Keep an eye on the mixture as it may boil over the top of the bowl and can be time consuming to clean.
3. After 12 minutes take the mixture out of the microwave and beat well for a few minutes until the mixture starts to crystallise. I tend to use an electric whisk.
4. Pour into a well buttered tray and leave to set. It is a good idea to mark out your portions when the tablet is setting for ease of extracting from the tin.
5. Leave to set for a few hours in the fridge if you can resist... ENJOY



Muirfield Pupils Become the Teachers!

Silver City Surfers Charity and Muirfield Primary School have just completed a collaborative project where a group of people who left school some time ago (!) returned to be pupils for a three week computer course at the school. "I've learned such a lot and the children have been great teachers" said one participant. "I'd love to come back to school here!".

The pupils asked the older participants what they would like to learn and then planned activities to teach them basic computer skills like emailing, online shopping and writing a letter using word processing. Mrs McAra, Depute Head Teacher said "This has been a fantastic opportunity for the pupils to share their skills. Watching the two age groups work together was wonderful."

Afterwards, everyone shared their experiences over some biscuits with a cup of tea, coffee or juice. "It was interesting to see how schools have changed. Muirfield is such an encouraging place to be a pupil" one of the Silver City Surfers Volunteers observed.

"These three weeks have flown by and we've really enjoyed ourselves" was the general consensus from the participants.

This has been a fantastic project where the children have learned enough to get rid of some of their stereotypical views of older people and will now have the skills to help their own older family members more effectively, said Chris Dunhill, Silver City Surfers' Coordinator. We are very grateful for the P7 Pupils at Muirfield putting in so much hard work with Mrs Kay McAra, Mr Ellis and Miss McGowan,

also for the help of our wonderful Silver City Surfers Volunteers and also to Carol Hannaford, Aberdeen City Council's Tenant Participation Officer; Fairer Scotland Fund and Europe Direct for their support of this project.

For more information about the Silver City Surfers visit the website at www.silvercitysurfers.co.uk or telephone 07799 371 329 (leave your name and tel. number).

Silver City Surfers are running sessions for the over 55s at Northfield Community Centre, Bryron Square on Thursdays from 11:00-13:00. These free sessions are drop in and people will receive one-to-one tutoring from our Volunteers.

Call 07799 371 329 for more details or email: silvercitysurfers@gmail.com



Bramble Brae Science Club

This year we have introduced a new after school opportunity for the pupils at Bramble Brae School. We have organised 8 weeks of science club with each week having a different theme. We have also been very lucky to secure the help of Kieran, a S6 pupil from Northfield Academy. Read on to find out how pupils have enjoyed our new club.

Bramble Brae school has a series of after school activities. One of them is Science Club for P4/5.

The first week we did explosions. We made erupting volcanoes. After a while we went outside to see a coke bottle with mentos in it. It went POP! We also did Eggcellent Experiments. We felt an egg with no shell. It was in a white coating. It felt like a balloon! We created a safety box for the eggs. My group's egg didn't crack. It is a very successful club!

By Nicole P4

Science club is about doing science like physics, chemistry, explosions and biology. You have lots of fun and you learn lots of things.

By Nikita P4



Samba Celebration at Heathryburn 1



Sutherland-Shaw Family winning tower.

Heathryburn School

Apardion Project by Joshua and Julia, P7

P6 and P7 have been taking part in the Apardion Project in association with the Reading Bus. On Thursday 23rd February our class visited "The Green" to learn where Hadden's Mill was and to explore the area. We found out about the location where the Mill stood. As part of this project the P6 class have written stories and we recorded a film about these.

Our class wrote a news script and made a recording of it. We had fun being reporters, newsreaders, witnesses and also Alexander Hadden, the owner of the mill back then.

We also visited the perimeter area of "The Green" and learned lots about the area.

Culture Week arrives at Heathryburn School

From 27th Feb to 2nd March it was Culture week and all of the classes learned about different countries, their cultures, including the kinds of food they ate, the customs and each class learned a dance from their particular country with the help of our PE teacher Miss Kilpatrick.

Miss Kilpatrick organised a together celebration and

we were able to take a trip around the world 'visiting' the dances of Germany, Italy, China, Russia, Greece, Kenya, Hawaii, Scotland and a final stop at Brazil where the whole school joined in their Samba celebration. What an exhausting and exciting time the children had!

Heathryburn Families

Every Friday afternoon the whole school split up into special groups called families mixed groups which consist of some children from every stage from P1 to P7. Each family is led by two P7 pupils and the family is named after them. Each week the teachers prepare special activities and work through all of the activities throughout the year. This way all the children will work with all of the teachers and all of the pupils meet all of the school staff.

The children thoroughly enjoy the experience with older children encouraged to support and help the younger pupils to give each activity a strong family feel hence the name 'families'.

This session we have added the "Heathryburn Challenge" where Mr Mitchell and Mrs McKay ask the families to work together to do a challenge.

This term's challenge was to build the biggest newspaper tower in a certain time, and this term it was the Sutherland-Shaw family who succeeded with the tallest tower.

Forthcoming Events

Over the summer term we will be very busy. The Summer term focus will be "the Olympics" as we focus on school health and wellbeing. Lots of school activities will be linked to the Olympics to commemorate the London Olympics this summer.

Friday 25th May will see the return of our annual School Sports Day. This will take the format of traditional sports and "Potted Sports".

On Saturday June 9th we will again be staging our PTA School Fair where we will have a number of stalls to sell a wide variety of different things and the usual bottle stalls, and guess birthdays etc. Unfortunately for Mr Mitchell there will also be the usual stocks where participants can throw wet sponges at him and other members of staff (for a small charge of course).

Funds raised solely benefit the pupils of the school and so all support would be gratefully received.

HISTORIC NORTHFIELD

Northfield was the northern part of the Freedom lands were several large tracts of land which ringed the old medieval Royal Burgh of Aberdeen. They were composed of Stocket Forest which had been feued to Aberdeen by Robert the Bruce in 1319 for £213 6s 8d Sterling. Northfield was really the northern extent of the forest. Stocket, although known as a forest was strictly a Royal Forest, This means that although it probably included a wooden part, it was actually a royal hunting reserve. Therefore, kings of Scotland in the 12th, 13th and 14th centuries may well have hunted over this area for deer and other game.


By the early 14th century the game reserves here were probably very depleted, hence Robert's feuing of the land to Aberdeen. In many ways this was a business opportunity to allow Aberdeen to lease out the lands and create new profitable estates. It also gave Aberdeen direct control over large areas of pasturage, moss which significant reserves of peat and moor land. These were valuable resources: peat was used as fuel and as a roofing material. The council

jealously guarded these areas as a significant resource to be used but not exhausted. The council also guarded the boundaries of the freedom lands as a whole; they marked these boundaries with March stone (march is the middle Scots word for boundary). Hence the march stones no 46-48 which indicates the line of the boundary where it runs through Northfield.

After 1551 Aberdeen began to feu out the Freedom Lands that is to say to permanently lease them to individual landowners in return for a yearly payment. It is often said that Northfield was not feued out until 1629. However this is not correct, it was in fact feued as early as 1610 to the then provost of Aberdeen, Alexander Rutherford. Rutherford paid a yearly payment, or feu, of £20 Scots for the estate of Northfield. However, owing to the 'sterilite and baraines...' of the ground the council waived his payment for 6 years until he was able to develop farming on Northfield and hence make a profit from the land. Even as late as 1616 Rutherford still could not make any money from the lands and applied for permission to extend

the estate by incorporating a piece of land next to the newly erected mill at Bucksburn.

In 1629 the lands passed into the hands of the Gordon Family. It was one of this family who brought Northfield under the plough. A later charter dated 16 September 1757 passed ownership of Northfield to Baillie James Leslie and his eldest son Alexander Leslie. This charter specified that Northfield was previously owned by the Gordons of Auchmill and that Lewis Gordon had enclosed the lands 'during his own lifetime.' This means that it was only in the 18th century during the agricultural revolution that farming could start on Northfield. The agricultural revolution brought new scientific methods of farming and allowed what had previously been barren land to be cultivated and become profitable. This makes sense in terms of the fact that in the 17th century Rutherford had lacked the knowledge to make the lands profitable, it also explains why, in an advert for the lands in 1755, they were still described as containing a large amount of forest: it simply had not yet been cleared to allow new farms.



By 1757 when a charter of the lands was given to Leslie, farming was clearly underway and Northfield was described as 'the town and lands...': clearly a developing area.

In the character of 1757 the council were careful to specify that new owners, the Leslie, were not to encroach upon any public roads which crossed the estate. These roads went by names such as the Cart Gate and the Chapman Road. These names show us that these roads were particularly important for traders moving around the shire and to and from Aberdeen itself. Chapman was the name for itinerant salesmen. The council specified that these roads were all to be passable for horses and carriages which shows a picture of a busy place. The council were also concerned in ensuring that the common mosses on the estate were not eroded by the Leslie family and could be kept for the use of people. They specified the following mosses: Flee Moss, Red Moss Strathgeillar Moss, Broadmoss and the Moss of Kingshill.

Through the next few centuries the lands of Northfield passed into various different hands. The last legal owner of the estate of Northfield was Malcom Vivan Hay, last laird of Seaton, who got a charter of Northfield was subsumed or became part of the neighbouring estate of Auchmill. This never actually seems to have been the case: certainly sometimes the owner of one was also the owner of the other but the charters and sasines of ownership never show joint estate.

In 1964 the estate of Seaton sold Northfield back to Aberdeen City Council: for the first time since 1610 the estate was back in the hands of Aberdeen. The decision to purchase back the estate owed much to a growing population and a stagnant housing stock. There was a need for new large housing estates. Despite the desperate need for new housing, it was not until 1949 the hard won agricultural land of Northfield was built over. Northfield was to house some 10,650 people in 386 acres of which 219 were to be devoted to residential, council run, accommodation. The majority of the new houses were brick and concrete, with some

steel framed buildings utilising prefabricated parts.

From the start this was to be a community, with shops and other necessary established. The Church of Scotland quickly established itself here, followed by the United Free Church. In 1955 a combined community centre and public library was opened. A residential home for older people was provided along with an old folks' club. By 1965 Northfield had several schools, a number of shops and the essential public house. In many ways Northfield as we know it today was the product of its time: it reflected the needs of the late 1940s and early 1950s along with contemporary ideas of what a community should be and it should include.

Written By
Mike Middleton



Red Watch

North Anderson Drive

Grampian Fire and Rescue Service have been supporting various groups within the Cummings Park and Northfield areas recently, Red Watch from Anderson Drive helped the residents of Granitehill Court to relocate a pool table into there community room.

Away Days

'Away Days' is a new scheme organised by the Family Learning team. The day is designed to help the new P1's settle into school and allows the school staff and families to meet each other outside the school setting. A range of educational activities, such as; nature trail, minibeast hunt, t-shirt and cake decorating take place.

Each family is given a welcome pack with a story book, magnetic letters and a Doric DVD. One for each family with a child starting P1. For more information contact Family Learning on 260028.

As part of the Risk Reduction for Red Watch North Anderson Drive there were several meetings with the City Community Wardens to discuss the forming of links into the community of Northfield, Cummings Park, Heathryfold and Middlefield.

The subject of amenities and the facilities within the communities arose with Tara Gilchrist (City Warden) mentioning that some groups in the communities would benefit from the assistance of GFRS- Namely manpower. It transpired the residents of Granitehill House were offered a pool table from Sunnybank FC, they even went to the trouble of buying new equipment to use with it, but were unable to uplift the pool table and transport it to Granitehill House.

WM Brian Johnston kindly offered the services of Red Watch 77 to help uplift and deliver the table to its new home at Granitehill House.

To help tackle wilful fire raising and anti-social behaviour in the Northfield, Middlefield, Cummings Park and Heathryfold area's Red Watch have arranged a football competition to held at Northfield Community Centre on the 9th March, we will be working in partnership with the City Wardens and Active Schools, as well as the football there will be Zumba lessons and boxing lessons for anyone who wants to learn new skills.

If this is a success we hope to organise another similar competition in the summer time.



Northfield Neep

A Pensioner and his Garden

Hi fellow gardeners,

I read somewhere that spring was in the air and although my outside thermometer didn't believe it (not me) I decided to make a start. My boots were given a dight and my gloves a heat on the radiator, cap on at a right angle and I was ready to go (the necessary 10 steps to the greenhouse) I had left it in a gay sotter so there was a lot of throwing out to be done. However, it's looking bonny now.

Now I had to make up my mind what I was going to try and grow - Yattees and onions were first on the list and after I wondered what would be good for my young bones – green stuff obviously, so I'll be getting the parsley seeds, cabbage plants, leeks etc no doubt in my small pots. I'll have another look at my catalogues for any other ideas but space is limited.

And now a confession... since starting the garden sixty odd years ago I have always done it myself but this year I'm getting a Gardner to trim my bushes ect. I wasn't very keen to give it up but needs must. So the first outdoor activity will be the front and back gardens getting their annual haircuts. In the meantime I will be off to the garden centres to get my summer plants for the greenhouse to give me colour and perfume in the air.

I noticed some nice berries on my Holly bush, so I hope they survive the 'cut'. I'll hopefully be able to report back to you in the next edition of my successes and failures over the summer and hope you have loads of pleasure in your own garden. If you have any ideas, I'm sure the elders would love to hear them as I would but remember to Ca Canny with this spade for a start.

Parents as Early Education partners

Is English your 2nd language?

Do you have a child under 5 years old?

If yes, then why not come along to the Peep Group at Manor Park Community Centre (Danestone Circle)

The Peep Group provides activities that will help you and your child improve your English through: Stories, Songs, Play opportunities and meeting other parents.

It's a group that's open to all parents, carers and children under 5 years old.

The Peep Group meets every Friday at the Manor Park Community Centre from 10am - 11am.

If you are interested in coming along or require any information then please contact Alison McKay on 486114.



Councillors Comments

Cnclr Jackie Dunbar

Where has the last five years gone to? It is hard to believe that I have been a Councillor for Northfield for that long. Without getting into politics, I just wanted to say that it has been a huge honour and privilege to serve the folk of the Northfield Ward, it is a job that cannot be done without the support of the community and the community groups and I just wanted to say thank you.

I am always grateful when something is brought to my attention, it is impossible to be everywhere at once, for example, recently someone contacted me with a health and safety concern, there is a small pathway from Davidson Drive onto the Bus terminal at Provost Rust Drive and the resident was wary of using it when the weather turned bad as it is on a slope. I contacted Council Officers and asked them to look into the possibility of getting a

hand rail erected. I was delighted when they got back to me to say that they agreed it was a health and safety issue and they have put a hand rail on either side of the path as they felt that was warranted. I have had a few phone calls since telling me that folk who had stopped using this pathway have now started using it again, because they can hold the rail while going down the path.

People often tell me that they want to recycle more items and I pleased to say that Aberdeen City Council has recently been able to add more items that can be recycled through kerbside collections. The Council now accepts aerosol cans, kitchen foils and foil trays, please make sure the aerosol cans are empty and the foil and trays rinsed through. We expect to recycle more than 35% of our waste this year in Aberdeen and landfill approx 4,800 tonnes less than

last year. With costs of land fill going up year on year it makes a huge difference, for example we saved £268,000 last year, (that we would have been spent on landfill taxes if folk had not recycled). Money that has been used elsewhere for the better of Aberdeen rather than spending it on getting rid of our rubbish.

Thank you for your continued efforts.

If you require additional black boxes or white bags then please contact the Waste Aware Team on wasteaware@aberdeency.gov.uk or Tel: 08456 08 09 19.

Please do not hesitate to contact me if you think I can help you in any way. You can contact me on 01224 522522 (office), 07733 300570 (mobile) or email me at jdunbar@aberdeency.gov.uk

Cnclr Gordon Graham

Auchmill Golf Club

I have just finished Chairing the Annual General Meeting of Auchmill Golf Club. I must admit if you can survive that you can survive almost anything that life throws at you, roll on next year.

I was delighted when Mark Albiston was voted on as Captain and Gary Geddes Vice Captain I think they will make a good partnership and push the club forward. Marks appointment was particularly pleasing as he was a junior in the early days when I was Junior Convenor. More from

Auchmill Golf Club will come in the sports pages.

Fairer Scotland Fund

It is that time of year again when I have the difficult task of distributing cash to worthy organisations in the area from the fairer Scotland Fund. The distribution methodology is different this year but hopefully we can still ensure that all worthy projects receive appropriate funding.

Councillors Budget

As most of you know the Councillors Community Budget

was discontinued last year. However due to prudent management from monies left over I was able to provide an Computer and Printer to Granitehill Residents Association. Provide prised to the Aberdeen Amateur Boxing Club who train at Cummings Park Community Centre and assist with payment toward goals for Bramble Brae Pupils.

Regards
Gordon Graham

Westpark School Update!

There have been lots of things happening at Westpark and a lot of things happening in the rest of the term. Below are some of the highlights.

Walkstars

We do Walkstars every day of the year. If you walk 20 days you win a badge that is in the shape of a foot. The Walkstars are to help us win the green eco flag and it's also healthy. We hope other children walk to school too.

Master Class

At the end of every month people from different classes separate and go to different classes. These are a good opportunity to get involved with different school activities. We are in the School Magazine master class and we hope to have our first magazine out in time for the end of the summer term. Other master class groups include the Wildlife Garden, School Garden, School Library, Olympic Committee, Pupil Council, Environmental Art and Anti-bullying Committee. We are all enjoying working with the different teachers and making a difference to our school.

Babies!

Mrs Mclean (our schools P5 teacher) is having a baby boy and has already left for maternity leave! We are all excited to see the new arrival. Mrs Mclean has already got a 7 year old daughter and her name is Taylor! We all wish her good luck!!!

Mr Rae (our schools P4 teacher) and his wife are having a baby! We are not sure yet if it is going to be a boy or a girl, as he/she is due at the start of June! We all wish Mr and Mrs Rae good luck!!!

Both teachers are excited for their new arrivals!!!

Roots of Empathy

Our P3 class have been taking part in Roots of Empathy. Every 3 or 4 weeks Shawn the baby comes to visit the class with his mum Gail and the Roots of Empathy teacher Helen. Every week the class is learning about how to look after a baby and what a baby needs. On the 19th January Fiona Mcilwarth from STV news came in to film the P3 class doing a Roots of Empathy lesson. The class were interviewed and filmed and this was shown on the STV Evening news on Thursday 20th January. The P3 class are really enjoying taking part in Roots of Empathy.

Retirement

Sadly Mr Innes, (not sad for him!!) is retiring this year after his P7 class leaves for secondary! He has been working at Westpark for 37 years! When he started working here the school was called Westerton Primary. Mr Innes is the oldest teacher in the school and he's turning 60 this year! But is still the fittest teacher!!!

Trips and Visits

There have already been quite a few trips this year for the classes in our school. The Primary 4 and Primary 5 classes went all the way down to Dundee to the Sensations science centre. They had lots of fun and came back with lots of information to do with

science. They were also lucky enough to have a visit from the Shell science lady who made balloon buggies with them.

Primary 1, 1/2, 2/3, 3, 5 and P6 have all had a visit from the Cosmic Dome. Again science has been a big focus in school this year. All the classes that went found out lots about space and the universe.

This year the P7 pupils at Westpark School went on a 3 day trip to Dalguise. They left on the 23rd of March and returned on the 26th. All the children had an amazing time as there were lots of fun things to do. Dalguise is not just for school trips families can go too!!!

We hope you have enjoyed reading about what has been happening at Westpark School.

The Master Class Magazine team!





The Health Show on *shmu*FM

Nothing is more important to your wellbeing and happiness than your health, so here at *shmu*FM we've teamed up with NHS Grampian to broadcast the Health Show.

Each week the show will cover the important stories from the past week, the best health advice and the latest campaigns being launched - all presented by a SHMU volunteer and a guest from your local NHS services.

We are live on 99.8FM on a Thursday from 9-10am, then a repeat goes out on a Monday between 2 and 3pm. Alternatively, you can listen

again online by visiting: www.shmu.org.uk
We'd like you to get involved too, so if you wish to suggest any topics or guests to be included in the show, or give any feedback to the Health Show team, just email: healthshow@shmu.org.uk



Cummings Park TV coming to a computer near you soon...

Shmu is launching the YTV training programme in association with Creative Identities in April 2012 and are looking for young people from Seaton to get involved. The project will give you the opportunity to take part in hands on TV and Video training led by professionals from the industry, with the ultimate goal of producing and broadcasting your very own live TV show on *shmu*TV's forthcoming internet TV channel.

So if you, or someone you know, are between 12 and 19 years old, are interested in getting involved in making television and live in Seaton, then get in touch with Simon on 01224 515013 or send an email to ytv@shmu.org.uk



Station House Media Unit (*shmu*) is situated just off Great Northern Road in the old Station House Community Centre, Woodside. We offer free access to, and training in video and radio production, and magazine and online publications to residents of all ages living in Seaton, Woodside, Middlefield, Tillydrone, Torry, Northfield and Cummings Park.

t 01224 515013 | e info@shmu.org.uk | www.shmu.org.uk

Auchmill golf club



John Nicholson with runner up Scott Mackie

The Club Council for 2012 are as follows:-

Captain - *Mark Albiston*

Vice Captain - *Gary Geddes*

Secretary - *Gordon Graham*

Match Secretary - *George Ross*

Ladies Match Secretary -

Sheila Donaldson

Council Members -

Scott Mackie, Steve Scott,

Colin McQueen, Mike Nicol,

Gordon Stewart.

Mark Albiston will continue

as Junior Convenor and

John Harwood will assist with

ClubGolf.

Annual Prize Giving.

I would encourage all members to attend the annual prize giving. This year it was held on 20th February.

The Men's Scratch Competition was won by John Nicholson and

the Ladies Scratch Competition was won by Fiona Kilgour.

Social Matters.

The club also had a pretty active social side. Currently we have four darts teams a domino team and a pool team playing in their respective leagues. We have Bingo and Entertainment on a Saturday night and every quarter we bring in some good acts on a Friday night. The club is also available Free of Charge for members to hold functions.

We have a licence that allows juniors in the Club from 9.00pm to 10.00pm during the golf season and children in at Private Functions.

Website.

Keep up-to-date with what is happening at the club by logging on to our website at <http://www.auchmillgolfclub.co.uk>. People have suggested that we have our own entry of Facebook, we would welcome any members who can assist in this.

Course - Tel 01224 714577

Clubhouse - Tel 01224 715214

Bonnyview Road, Aberdeen

E - auchmill.golf@btconnect.com



Ladies Boxing

The ladies boxing / fitness club has definitely been very popular with females of all ages and fitness levels.

The club not only attracts females from the Northfield area but from other areas and beyond, which we also feel helps with people's perceptions on certain areas.

If you are interested in taking part in the Ladies Boxing / Fitness group then please call the Northfield Community Centre on 695416.

Northfield lodge summer fun day

Saturday 23rd June from 10am to 1pm there will be fun activities for all the family. Also on the day will be a plant sale, brick-a-brack sale, face painting, raffle, bake sale and tombola. Please join us for a great day of fun. It will be held at Northfield lodge Provost Fraser Drive

Get Tunned in to your local Northfield Presenters

Here on SHMU FM 99.8

Wall of Sound - Saturday night from 10pm - 12am. Presented By **Keith Bain** - Rock and blues music, old and new, with local gigs news and music trivia.

Cumming North Community Show - Monday from 10-11am. Hosted by **Jacqui Innes**.

Events and happenings in the Northfield and Cummings Park areas. You can also hear Jacqui on Wednesday at 12-1pm on

the packed lunch show.

Early Morning Wake-Up Call - Sunday morning from 9am-11am. Presented by **Dave White** (The man who's here but not all there) - Rock and roll, rock and pop, with a slice of country and a piece northern soul.. and whatever else he throws into the mix!

Please phone these shows for a request on 01224 483413

COMMUNITY CONTACTS

Aberdeen City Council

| | | |
|---|--|--------------|
| Main Switchboard | | 08456 080910 |
| Minicom number for hearing impaired callers | | 01224 522381 |
| Anti-Social Behaviour Team (between 9 am and 4 am) | | 08456 066548 |
| Housing Repairs (during office hours) | | 08456 080929 |
| Housing Repairs (out with office hours) | | 01224 480281 |
| Environmental Services (roads, lighting, litter etc.) | | 08456 080919 |

Alcohol

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|----------------------|---------------|
| Alcoholics Anonymous | 0845 769 7555 |
| Drinkline | 0800 7314 314 |

Benefits

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|-----------------------------|---------------|
| Benefits Agency Advice Line | 0800 587 9135 |
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Crime

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|---------------|--------------|
| Crimestoppers | 0800 555 111 |
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Drugs

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|----------------|---------------|
| Know the Score | 0800 587 5879 |
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Dentist

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|--------------------|---------------|
| Emergency - G-Dens | 01224 558 140 |
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Doctors

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|------------------|---------------|
| NHS 24 Emergency | 08454 242 424 |
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Electricity

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|-------------------------|--------------|
| If you have a Power-Cut | 0800 300 999 |
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Family Information Service

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|---------------------|------------------------------|
| Information Service | 01224 443344 07825 053136 |
|---------------------|------------------------------|

Family Planning

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|-----------------------------|---------------|
| Square 13, Support & Advice | 01224 642 711 |
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Gas

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|----------------------------|---------------|
| Gas Emergency | 0800 111 999 |
| Gas Emergency with a Meter | 0845 606 6766 |

Housing

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|-----------------------|---------------|
| Emergency Repairs | 01224 480 281 |
| Call Centre Emergency | 0845 608 0929 |

Police

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|---------------|---------------|
| Non-Emergency | 0845 600 5700 |
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Samaritans

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|--------------|---------------|
| Need to talk | 01224 574 488 |
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Social Work

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|------------------------|---------------|
| Social Work Duty Team | 01224 765 220 |
| Emergency Out-Of-Hours | 01224 693 936 |

Young Carers

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|-----------------------|---------------|
| Support & Information | 01224 625 009 |
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Water

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|--------------------------|---------------|
| Scottish Water Emergency | 0845 600 8855 |
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Useful Web Pages

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|--------------------------------|--|
| Community Planning in Aberdeen | www.communityplanningaberdeen.org.uk |
| Aberdeen City Council | www.aberdeencity.gov.uk |
| Grampian Police | www.grampian.police.uk |
| NHS Grampian | www.nhsgrampian.org |
| Grampian Fire & Rescue Service | www.grampianfrs.org.uk |