

Winter Edition 2012

# mastrick *matters*



**Mastrick Pensioners**

Christmas Party Fun!

**Zumba**

Come join the party.

**Community Council**

Annual Report

**The Fine Peace Café**

Celebrate Anniversary

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## Editorial

The content inside Mastrick Matters is a fine representation of the activities and events which happen on a daily or weekly basis in our community. We are a vibrant and creative community with a big heart.

Mastrick Matters is here to give a voice to the citizens of Mastrick. We all have something to say about our community, whether it's about bin collections, seagulls, traffic or discussing the more positive aspects such as our artistic and musical talent. We now have an opportunity to ensure all of our community has an input.

If you have any articles for the Autumn edition then please get in touch with Mary Clare at Station House Media Unit (SHMU) 01224 515013 or email [maryclare@shmu.org.uk](mailto:maryclare@shmu.org.uk)

*Happy Reading.*

Supported By



welcome

> Our Council Vision

"We will be recognised within the city and more widely, as being a leading Council in Northern Europe by 2010."

Our six values are:

- Ensuring total commitment to customer care
- Fostering a workplace where every employee is valued and given the opportunity to play a full part
- Raising performance to a higher standard
- Delivering modern, effective, efficient and accessible services to the people of Aberdeen
- Providing strategic leadership for the community
- Encouraging community engagement

# Access Points

*The council face in the community.*

## Do you know about the Customer Access Points?

There are three Customer Access Points in Aberdeen situated in Kincorth, Mastrick and Woodside. They are a gateway to a wide range of council services for the residents of Aberdeen; the accessible face of the council in our communities. At the Customer Access points we try to deal effectively with any requests and enquiries to your satisfaction giving you answers immediately where possible.

Using a Customer Access Point residents are able to pay their rent and council tax, report a housing repair and buy school dinner tickets all in one trip. This is obviously a huge benefit for the cities residents; however it is not only convenience that the Customer Access Points can deliver:

### Multiple services on offer

There is a huge range of services on offer, including:

- Additional waste bin applications
- Applying for Disabled

- Badges (Blue and green)
- Applying for Access to leisure
- Applying for an Accord Card /National Entitlement Card;
- Bioliners for your food waste caddies;
- Booking a bulky item uplift;
- Dog waste bags for sale;
- Making a Goodapple Housing application;
- Making garden maintenance payments;
- Pay any Aberdeen City Council bill;
- Paying any parking fines due;
- Paying Rent and Council Tax;
- Reporting a housing repair;
- Reporting road/pavements defects;
- Reporting street light faults;
- Sale of Multi journey tickets for the community bus
- Sale of school dinner tickets; Al payments can be made with cash, debit and credit cards (1.6% admin fee charged) and cheque

Advice and information

The team also offers advice and information on:

- Parking permits;
- Council housing and council tax forms

- School clothing and footwear applications;
- Education Maintenance Allowance;
- Recycling and bin collection Calendars;
- Parking/garage/allotment spaces.

## Dedicated teams

The teams at the Customer Access Point take pride in their work and take their role in community life seriously. The teams are multi-skilled and well trained providing a polite, welcoming and efficient service.

## Contact details

Kincorth Customer Access Point  
Provost Watt Drive, Kincorth,  
Aberdeen AB12 5NA

**Phone:** 01224 872572

**Email:** CAPKincorth@aberdeencity.gov.uk

Mastrick Customer Access Point  
Spey Road, Aberdeen AB16 6SH  
Phone: 01224 788503

Woodside Fountain Centre  
Marquis Road, Aberdeen

**Phone:** 01224 524920

**Email:** woodsideCAP@aberdeencity.gov.uk

# Cloutie Dumpling

12oz sultanas, 12oz plain flour,  
6oz suet

1tsp cinnamon,

1tsp mixed spice,

1tsp ginger

1 grated apple,

5oz soft brown sugar

3 tbl treacle,

half tsp baking powder

1 egg beaten, milk to mix (probably 200ml but  
could be less)

A cloth - butter muslin or clean tea  
towel or a pillow case

1. Fill a large saucepan or stock pot with boiling water and keep boiling ready for cloutie dumpling.
2. Mix all the dry ingredients and apple together.
3. Add the treacle, egg and milk and mix until you get a thick dough.
4. Scald the cloth in the boiling water, then spread the cloth onto a flat surface.
5. Spread flour over the wet cloth. This creates the skin of the dumpling.
6. Add your dumpling dough to the centre of the cloth. Pull the sides of the cloth together and

wrap the dough into a tight ball with the cloth. Tie the cloth tightly with string keeping the dough tight within.

7. Add the dumpling to the boiling pot. Ensure the water comes up to the top or over the dumpling. Boil for 3.5 hours.
8. Ensure you keep the water on the boil and continue to top up the pot with water.
9. After 3.5 hours lift out the dumpling from the pot, cut away the string and slowly unpeel the cloth from the dumpling.
10. Once you've peeled away about 6 inches in diameter.
11. Add a plate upside down on top of the dumpling and tip the dumpling onto this plate. Slowly unpeel the remainder of the cloth. The dumpling will look like a grey spotted brain!
12. Rest the dumpling to dry off a little and turn brown.

AN OLD FASHIONED  
SCOTTISH RECIPE

quickest  
Tablet  
ever!!!

## Ingredients:

Makes: 12 - 16 portions dependant upon the size you choose to cut

450g (1 lb) caster sugar

125g (4 1/2oz) unsalted butter

170g (6oz) evaporated milk

Prep: 5 mins

Cook: 12 mins

Extra time: 2 hours, setting

## Microwave Tablet

### Method:

1. Pour all the ingredients into a LARGE microwavable bowl as the mixture cooks it expands and beat well.
2. Place in the microwave on high for 12 minutes. At 3, 6 and 9 minutes take the mixture out of the microwave and beat well. Keep an eye on the mixture as it may boil over the top of the bowl and can be time consuming to clean!
3. After 12 minutes take the mixture out of the microwave and beat well for a few minutes until the mixture starts to crystallise. I tend to use an electric whisk.
4. Pour into a well buttered tray and leave to set. It is a good idea to mark out your portions when the tablet is setting for ease of extracting from the tin.
5. Leave to set for a few hours in the fridge if you can resist... ENJOY

# Look red hot and save lives



## **BHF Scotland needs you to Go Red for Heart in February -**

Turn heads, warm hearts and wear red on 24 February for British Heart Foundation (BHF) Scotland's **National Wear Red Day**.

Heart disease kills three times more women than breast cancer(1) but by turning red, you can help BHF Scotland to reduce this number.

As part of National Heart Month the nation's heart charity is calling on locals to brush down their red dresses, shake out their red locks or even unlock their most precious Louboutins to help raise valuable money for its fight against heart disease.

A famous fashion designer once said, "When in doubt, wear red" and that's exactly what BHF Scotland is encouraging you to do. It can be a touch of red for those who want to be more alluring or it could be a full blown outfit dedicated to the 'emotionally-intense' colour.

By making a suggested donation of just £1, women, men and children around the country will make a big difference in beating Scotland's biggest killer on **National Wear Red Day**.

Local Fundraising Volunteer Manager, Kathy McIlwaine, says: "There are lots of ways you can raise vital funds during National Heart Month. To find out more and to order your free Red for Heart Fundraising Kit today - visit [bhf.org.uk/red](http://bhf.org.uk/red) or call 0300 330 0645."

It's also a leap year in 2012 which means there is an extra day in February that you can use to help the nation's hearts. The bonus day could be used for a Wear Red Day, if you can't fit it in on the 24th but, if red isn't your thing, there are other ways of getting involved and sharing the love.

You can pen the person you love a Love Note for a suggested donation of £1 and have it posted in one of BHF Scotland's shop windows for all to see! What's more, any women thinking of taking advantage of the leap year can use the heart-shaped notes as the perfect way to pop the question.

Or buy your loved one a gift such as a Sweetheart Hot Water Bottle or Heart Cufflinks – there is a whole array of heart-warming gifts at the BHF's online shop. <http://giftshop.bhf.org.uk/>

## GRAMPIAN FIRE & RESCUE SERVICE

Grampian Fire and Rescue Service have been working in partnership with our fellow agencies to try and reduce the amount of deliberate wilful fires in the Northfield, Middlefield and Mastrick areas, as part of this we played an integral part in Operation Acorn, the purpose of this operation was to try and reduce the amount of anti social behaviour and youth annoyance in the Byron square and surrounding areas.

Red watch at North Anderson Drive fire station regularly attend meetings as part of the Northfield Youth Action Group, this allows us to discuss any problems in the Northfield, Middlefield and Mastrick areas with the police, city wardens and other voluntary groups, and how we can deal with or minimise these problems.

A constant problem for the fire service at the moment is disused or empty properties, we work closely with the police and city wardens to make sure these places are secure and that children and adults, are aware of the dangers that are within these properties, ie. holes in the floors, broken shards of glass and carelessly discarded needles. We do regular visits to these premises to make sure that they are as secure as possible and that any loose material is uplifted as soon as possible to help reduce the chance of any wilful fires.

We are also attending quite a number of wilful fires of motor vehicles within the Northfield area and also a number of wilful fires within communal areas of multi stores, these in particular present a serious danger to the public.

# Zumba

Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health.

Zumba training provides people with mental, physical and social advantages. You get to meet new friends by joining classes. A person can expect to burn up to 900 calories in one hour of Zumba. Exercising leads to improved self-esteem and confidence so you feel better about yourself. Zumba is a great stress reliever. The different dance movements also help you improve flexibility, balance, strength and coordination.

Zumba classes are designed to be fun and high-energy, attributes that generally make it easy to stick to the program. Anyone at

almost any fitness level can start doing Zumba, without purchasing any equipment.

I am Sabrina Robertson, your instructor at Mastrick Community Centre. Zumba classes are on every Thursday at 7:30pm. It lasts an hour and it costs £4.50. Please expect to have lots of fun and good laughs. You are welcome to bring a bottle of water with you as you will surely need it! The class is getting busier and busier by the week, we have an amazing bunch, as the girls are fun, friendly and they really all go for it (Proud instructor here)! Come and be part of our Zumba family as well!

## **A little bit about myself....**

Born and raised in Rio de Janeiro, Brazil. I always had a passion for dancing and spent a lot of my younger years teaching ballet and jazz in Rio.



Married and with 3 kids after living in Scotland for 5 years. I had an issue with my weight which made me depressed. I was then introduced to Zumba by a friend and it was love at first sight (or at first move)!

A year and a half on and I became so passionate about the amazing effects of this fitness class that I decided to become an instructor, hoping to be able to help as many women as possible who like me need a little extra help to feel happier, healthier and better about themselves.

Feel the beat, let the party happen inside of you and see the results of it inside out...as easy as that...Come and join the Party!



Name:  
**Alison Duncan**  
How did you hear about Zumba?  
**Through TV Ads.**

What made you want to take part in Zumba? **To firm up and tone up the wobbly bits!**

Have you noticed any benefits since starting Zumba? **Yes Defo!**

What have you enjoyed most out of Zumba? **It's fun, and the fact you know it's good for you.**

Name:  
**Adele Duncan**  
How did you hear about Zumba?  
**Through family and dance classes.**

What made you want to take part in Zumba? **For Fitness.**

Have you noticed any benefits since starting Zumba? **Yes.**

What have you enjoyed most out of Zumba? **It's fun, energetic and I love dancing.**



Name:  
**Gemma Blaikie**  
How did you hear about Zumba?  
**Through the Zumba website.**

What made you want to take part in Zumba? **Because it was a fitness opportunity that uses dance.**

Have you noticed any benefits since starting Zumba? **Yes, I've noticed weight loss and stamina.**

What have you enjoyed most out of Zumba? **It's good music, and good fun.**

Name:  
**Grace McKenzie**  
How did you hear about Zumba?  
**Through a poster in the community centre.**

What made you want to take part in Zumba? **To get fit.**

Have you noticed any benefits since starting Zumba? **Yes.**

What have you enjoyed most out of Zumba? **I like the music and meeting new friends.**

# Mastrick Pensioners Christmas Party!!

On Tuesday the 13th of December the Mastrick Pensioners Group held their annual Christmas Party at the Mastrick Community Centre.

The Party was well attended, with over 60 pensioners all looking for a good festive afternoon.

All the pensioners received a lovely three course meal of: Broth soup, Turkey and all the trimming, followed by the choice of Trifle or Ice Cream, which was catered by Harry Frazer caters. After the meal the pensioners then enjoyed some live music from Peter Target.

Events like this are funded by the weekly fee that the pensioners pay to come to the club, raffle ticket money and money which the pensioners donate to the club.

Doreen.... The Chair lady of the Pensioners club and who has been running the club now for over a year and a half said, 'The pensioners meet at the community centre every Tuesday from 2pm till 3:30pm. Every week we run different activities such as live music, Bingo, singing and dancing. We are always looking for new faces to come and join

the club, so anyone who is over 55 and lives within Mastrick is more than welcome to come along. The group is extremely friendly and welcoming, and we are always organising events such as summer outings, holidays and dinner dances.'

If you are over 55 and are interested in going along to the Pensioner group or would like more information then call the Mastrick Community Centre on 01224 788288.

## Mastrick Senior Citizens Entertainment Programme

### February

21st Bingo  
28th Myra & Norma

### March

6th Bill/CDs  
13th Dee Skinner  
20th Bob McDonald  
27th Easter Bonnets  
Bob Wilson

### April

3rd Bingo  
10th Bill/ CDs  
17th Golden Girls  
24th Peter Taggart

### May

1st Mhairi  
8th Tom Wymess







We enjoy coming to the club as its great company, there is always great entertainment on and it's a good meeting place to meet other people. The lunch was lovely, we both had Broth soup, Turkey and all the trimmings and then Trifle.  
Ruth & Norman Hoggins



I've been coming for 18yrs. Its is a great meeting place for everyone and I enjoy going on the holidays which are organised through the club. Our xmas lunch was a beautiful supper.  
Alice Farquhar



It's friendly and well organised.  
It's the best club in Aberdeen, the centre is just brilliant.  
Margaret Smith



# MASTRICK, SHEDDOCKSLEY & SUMMERHILL COMMUNITY COUNCIL CHAIR'S ANNUAL REPORT 2011

2011 was certainly another busy year at Mastrick, Sheddocksley & Summerhill Community Council. It was a year where we built on our contacts with local organisations including Aberdeen City Council, local elected members, all five local Primary schools, Mastrick Boys' Brigade, Mastrick Young People's Project, Disability Inspiring Sports & Social Club (DISSC), Mastrick Community Centre, Sheddocksley Baptist Church, St Clement's Church and many others. There are still gaps in our community links but we've reached out to a few more organisations and that can only be a good thing.

We've always had a good relationship with Grampian Police, who ensure they are always represented at our meetings, despite continued pressures on their time. In 2011 we welcomed Inspector Shona Stewart to the Mastrick beat, joining Inspector Dave Chambers at the Hazlehead beat (which covers Sheddocksley and Summerhill). In addition to Police presence at our monthly meetings, our Chairman has met with both inspectors outwith meetings to discuss ongoing matters of mutual interest in the community.

The positive working relationship we've built up with the Press has once again enabled us to create a greater awareness about local issues and has had positive benefits with regard to several key campaigns we've embarked upon throughout the year. We

would like to thank Frank Cassidy (P&J) and Rita Brown (EE), both of whom are local residents, for their ongoing support of our work in the area..

There's been challenges as always and the biggest our area faced in 2011 was the conversion of Mastrick Community Centre to a leased centre. In short, this involved local volunteers taking over the running of the centre, which had previously been run by Council employees. These type of centres are run successfully elsewhere in the city, but they were opened at a time Council when support was available during a transitional period. The latest centres facing conversion (including Mastrick) have had to get to where they are so much faster and this has placed a considerable burden on volunteers. Pam Farmery, Stacey Park and their small but loyal band of volunteers have ensured that Mastrick Community Centre will remain available for our community despite these challenges. These two ladies have probably done more for our community than anyone else during the course of 2011. Before moving on, it's only right to recognise the support given to the Community Council and local community groups from Jackie Thain and Elaine Sinclair over the past few years and to welcome Fiona Gray, who has taken over this function.

Bryan McKenzie has done a sterling job as our treasurer

over the past year, ensuring we were able to distribute funds to a number of organisations. In addition, Bryan has been an active member of the Mastrick Matters editorial team and was a key player in our Family Fun Day, both of which we'll touch on later.

Last but certainly not least is Shelagh Thomson, who organised our Family Fun Day in August in partnership with Sheddocksley Baptist Church. The event attracted over 600 people, perhaps much more. It was the biggest and best public event seen in our area in many years. The event was warmly commented on by many members of the public and will be run again as a joint venture in 2012.

Moving on now to Mastrick Matters, we now have three editions under our belt. To have gone from no more than an idea just over a year ago to where we are today has been quite a journey. The magazine has been well received, despite some teething problems on the delivery side of things. The editorial team is small but enthusiastic and we are well supported by SHMU, who work with us on the content and handle the layout, printing and distribution. We need a few extra pairs of hands to help write articles and plan out the issues, so if you can spare a couple of hours a month we'd love to hear from you.

In October I was asked to give a talk to P7 pupils at Kingsford School about the work of the



Community Council. They were doing a project on local democracy and both classes also visited the Town House as part of their project. I found it to be a worthwhile experience as the children appeared to express a real interest, demonstrated by their well thought out questions. This was followed by a visit to the Community Council by Kelsey and Ewan, who gave us an excellent presentation on their vision for an all-weather pitch at Kingsford School and how they were going about raising awareness (and hopefully cash too) to enable the school to achieve this. This really was a case of joint working at its best.

One of the most difficult issues we dealt with was the future of Mastrick Young People's Project. They had operated successfully for over 30 years from the Summerhill Centre until it closed in March 2011. MYPP offered good quality training and leisure facilities for young people, keeping them off the streets, out of trouble and offering them something worthwhile to do. The Council found them a new home at the former Hillylands Special Needs Unit in Hillylands

Road. Unfortunately the Council did not consult competently with local residents and the rumour mill started. There was much misinformation circulating along with genuine concerns expressed by local residents. The Community Council has always supported MYPP but also supported genuine fears and concerns expressed by people who, in all fairness, were not familiar with the project.

Over the course of several months the Council went full circle. Having started off riding roughshod over local residents, they then moved towards recommending the axeing of MYPP and the selling off of the building. The Community Council found neither approach to have been acceptable. During this time opponents gathered signatures on a petition only to be countered by a similar number of signatures on a petition by supporters.

The cumulation of this was in November when our Chairman addressed the Education, Culture & Sport Committee on the subject. He asked them to deliver the project at Hillylands but with appropriate safeguards built

in for local residents, including working with Grampian Police, the Police's Architectural Liaison Officer and the setting up of a monitoring group which included local residents. Instead they agreed not to sell off the building or close the project, but to refer both to the Budget Process. We still believe that a solution must be found, but it must be one which serves the needs of young people, seeks to reduce crime in our area and respects all residents living here.

This report doesn't list everything we've been involved with, just a few of the main points. What we've done on a day to day or week to week basis has amounted to much more. Looking back on the year, we have certainly not rested on our laurels. We have represented the community strongly but responsibly and tried to foster an increasing community spirit wherever possible. That's surely what Community Councils should be about. Having said that, the challenges for 2012 will be just as demanding but many will be different. We need to make sure we continue to be "up to the job".



# The Fine Peace Café

## ANNIVERSARY



The Fine Peace Community Cafe Celebrated its 3rd Anniversary on Friday November 4th. Over 100 locals gathered at Sheddocksley Baptist Church to mark the day including Councillor Len Ironside and Community Council Chair Steve Delaney.

The Café is run by three paid staff members and 30 volunteers from the church. A number of the volunteers are people with special

needs and working in the cafe has given them an accepting community and has built up their confidence.

Café Manager Jane Kay expressed her delight at the way the Cafe has thrived and how it is now established as a special place for people to meet. She also thanked the staff and all the volunteers who have made it possible. The Cafe also received a special motion of congratulations in the Scottish Parliament.

Open on Wednesday – Friday 10am-4pm the Fine Peace offers a welcoming and friendly place where people can meet up for lunch or a coffee. All the food is made fresh on the premises and the soups, scones and fine pieces are really popular. The Café is establishing a reputation for good

quality affordable food. All the coffee is fair-trade and organic and the Café does a good range of gluten free options.

One of the aims of the Café is to support local community groups and projects and so at the Anniversary

£10, 000 of gifts were given to local school and community groups. Councillor Len Ironside presented the gifts to the following groups:

Woodlands School, Hazelwood School, Elmwood Unit, Lewis Court Association, Create Aberdeen, National Childbirth Trust, Mastrick Brownies, Befriend a child, Kingsford Primary, Holy Family Primary, Bethany Christian Trust, Rosewell House

**Stephen Hibbard**

# General Knowledge Quiz

1. How many pairs of ribs would the normal human have?
2. Who wrote the classic novel 'Les Miserables'?
3. What was the name of Sherlock Holmes' Housekeeper?
4. Which actress played the part of Sybil Fawty in Televisions Fawty Towers?
5. What was the title of Beethoven's only opera?
6. Which river flows through the city of Dublin?
7. Which Irishman won the Tour de France in 1987?
8. Who was dedicated to killing Moby Dick?
9. What does an entomologist study?
10. Who painted The Last Supper?
11. What was George Washington's wife first name?
12. Which Gilbert And Sullivan Opera is set in Japan?

## Answers

12  
Victor Hugo  
Mrs Hudson  
Prunella Scafe  
Fidelio  
Liffey  
Stephen Roche  
Captain Ahab  
Insects  
Leonardo da Vinci  
. Martha  
The Mikado



## Mastrick Under 5's

Mastrick Under 5's went to Kirkhill Forest to collect a Christmas Tree for the Mastrick Community Centre on Thursday the 1st of December.

The kids were helped by Santa's little helpers. Elves, Fifi Pokie and Eric Bell helped them choose a tree, then Mr Chopper Upper came to cut down the tree before

Mr Wrapper Upper covered it up so that it was ready to go back to Mastrick Community Centre

After picking the Tree the kids then went on to Codonas to meet Santa and his Reindeers. The kids had an amazing day and the community centre looked great when all the children helped decorate the tree.

## New Childcare Practitioner



Leanne Mair  
Age 29

Leanne is a highly qualified playgroup worker with 12 years experience. Her previous work experience include working at the Cults Playgroup for 4 ½ years. Leanne has also has worked in a private nursery and has been nanny to several children.

Leanne knows the area well as she use to live in Northfield, and her daughter Kiera who is 5 years old also attended the playgroup at Mastrick

## shmuTRAIN

shmuTRAIN delivers employability & skills development courses to support people into work, education or training. Radio and film are used to help develop core skills such as communication, confidence and team work.

Focused employability training supports people to produce a CV, develop job search and interview skills, meet with local employers and visit their premises, increase motivation and the chances of sustaining either work, training or education.

Positive Transitions is a 12 week course including radio & video training for 16-19 year olds who are

not in education, employment or training. shmuWORKS is a 6 week course including radio training for 18-25 year olds who are not in education, employment or training.

Individuals can contact SHMU directly to sign up for Positive Transitions or shmuWORKS, or can be recommended through a local project or agency.

To find out more about these opportunities please contact Chrissie on 01224 515013, email [chrissie@shmu.org.uk](mailto:chrissie@shmu.org.uk) or text the word 'TRAINING' followed by a space and your name to 60300

## Mastrick TV coming to a computer near you soon...

Shmu is launching the YTV training programme in association with Creative Identities in March 2012 and are looking for young people from Mastrick to get involved. The project will give you the opportunity to take part in hands on TV and Video training led by professionals from the industry, with the ultimate goal of producing and broadcasting your very own live TV show on shmuTV's forthcoming internet TV channel. So if you, or someone you know, are between 12 and 19 years old, are interested in getting involved in making television and live in Middlefield, then get in touch with Simon on 01224 515013 or send an email to [ytv@shmu.org.uk](mailto:ytv@shmu.org.uk)



Station House Media Unit (shmu) is situated just off Great Northern Road in the old Station House Community Centre, Woodside. We offer free access to, and training in video and radio production, and magazine and online publications to residents of all ages living in Seaton, Woodside, Middlefield, Tillydrone, Torry, Northfield and Cummings Park.



# DISSC



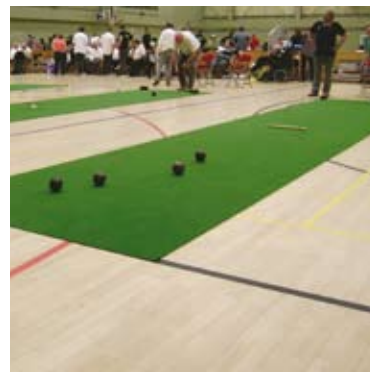
Here is Alex Rae, Kara Hendry and DISSC's Patron Norman Macleod. This photo was taken when Norman invited the members of DISSC to the STV Studios last year. Alex and Kara took their medals with them that they had recently won at the Special Olympics.



Here is Kara Hendry with her grandma Sheila Hendry after they received their medals after playing at the Dundee Discovery Games 2011. Sheila entered this competition as a member of DISSC and won a medal at the first time of asking. Well done to them both.

## Away Days

The day is designed to help the new P1's settle into school and allows the school staff and families to meet each other outside the school setting. A range of educational activities, such as; nature trail, minibeast hunt, t-shirt and cake decorating take place. Each family is given a welcome pack with a story book, magnetic letters and a Doric DVD. One for each family with a child starting P1. For more information contact Family Learning on 260028.



This is a photo of the hall where we play Carpet Bowls in Dundee at the Discovery Games. I (Bryan McKenzie) am seen playing the final of the physical disability section. The carpet next to us are gents (in white shirts) playing the final of the male learning disability section.



Here is DISSC's Vice-Chairperson Catherine Simpson (left) watching our newest member Holly Davidson receiving her present from Santa at our Christmas Dinner & Dance last December. Our members really enjoyed themselves and they also had their presentation of trophies presented to winners and runner-ups on the night.

# LOCAL CONTACTS

## Local Ward Councillors

Councillor Len Ironside (Kingswells/Sheddocksley Ward)	01224 523059
Lord Provost, Councillor Peter Stephen (Kingswells/Sheddocksley Ward)	01224 522637
Councillor Wendy Stuart (Kingswells/Sheddocksley Ward)	01224 522204
Councillor, Jackie Dunbar (Northfield Ward)	01224 522522
Councillor Gordon Graham (Northfield Ward)	01224 523594
Councillor Kevin Stewart (Northfield Ward)	01224 522540

## Local Community Group Contacts

Steve Delaney, Chair, Mastrick and Sheddocksley Community Council	01224 694469
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## Local Council Services/Community Centre Contacts

Fiona Gray, Capacity Building Officer	01224 498110
Mastrick Community Centre	01224 788288
Sheddocksley Community Centre	01224 684200

## Aberdeen City Council

Main Switchboard	08456 080910
Minicom number for hearing impaired callers	01224 522381
Anti-Social Behaviour Team (between 9 am and 4 am)	08456 066548
Housing Repairs (during office hours)	08456 080929
Housing Repairs (out with office hours)	01224 480281
Environmental Services (roads, lighting, litter etc.)	08456 080919

## Partner Agencies

Scottish Water (faults relating to sewerage or sewage)	08456 018855
Grampian Police (non-emergency call centre)	08456 005700
Grampian NHS	0845 456 6000
Bear Scotland (maintenance of trunk roads)	08005 871107

## Useful Web Pages

Community Planning in Aberdeen	<a href="http://www.communityplanningaberdeen.org.uk">www.communityplanningaberdeen.org.uk</a>
Aberdeen City Council	<a href="http://www.aberdeencity.gov.uk">www.aberdeencity.gov.uk</a>
Grampian Police	<a href="http://www.grampian.police.uk">www.grampian.police.uk</a>
NHS Grampian	<a href="http://www.nhsgrampian.org">www.nhsgrampian.org</a>
Grampian Fire & Rescue Service	<a href="http://www.grampianfrs.org.uk">www.grampianfrs.org.uk</a>