

mastrick *matters*



Mastrick
Walking
Groups

School News
Quarryhill &
Muirfield Primaries

Mastrick CC
Management
Committee News

Adult Learning
Interview with
Raymond

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editorial

Welcome to the Winter edition of the Mastrick Matters magazine. The content inside is a fine representation of the activities and events which happen on a daily or weekly basis in our community. We are a vibrant and creative community with a big heart. Mastrick Matters is here to give a voice to the citizens of Mastrick, so if you're interested in voicing *your* opinion, then why not get involved in the editorial team? Meetings are held fortnightly at the Mastrick Community Centre - Monday mornings at 10am.

And don't worry if you can't manage to our meetings - you can still get involved!! If you have any ideas, articles or photographs you'd like to see in print, please get in touch with Mary Clare at Station House Media Unit (SHMU) 01224 515013 or email maryclare@shmu.org.uk

happy reading.

Supported By



Walking Groups

Matrick Community Centre



Trek-A-Boots at the top of Bennachie

Quite a few people do not realise there are Walking Groups in the Matrick Community Centre - well there are actually four groups that walk on four different days.

We usually get a mini-bus to take us to the walks. I am involved with the Monday and the Tuesday groups along with my wife Helen whom I met through the groups.

The Monday Group (Matrick Amblers) walk every 2nd Monday; this group was started for slower walkers, do not do hills and the walks are very easy. We try to make the walks four or five miles long - occasionally a six mile walk will be included.

The Tuesday group (Trek-A-Boots) walks every week - the walks are usually six to seven miles and are moderate - and the longest walk we do is just over eight miles and is a beautiful walk up to the Linn O' Muick Falls. Both groups walk all year round.

Quite a few members went to photography classes at Matrick Community Centre so on the walk they often take photographs. You often hear members say they are seeing parts of the North East they never knew about and someone always seems to know a bit about the history of the area.

The social side of it away from the walking is very good. Many members meet up to go to the cinema or theatre; others meet up for lunch or a coffee.

For the last three years both groups have been on a 'lochs and glens holiday' and we've also had barbecues in the past. We have a summer lunch, autumn high tea and pre-Christmas lunch. We go down as far as Arbroath. The cliff-top walk is lovely with good paths - also down that way we do St Cyrus beach walk followed by a trip to Charleston Fruit Farm for a coffee and a strawberry tart.

We are always looking for new members to join. It doesn't matter what your capability is as there are four different groups at all different levels.

If you are interested in joining or would like more information then please contact the community centre on 788288.

Raymond White

DO YOU KNOW A VULNERABLE PERSON?

GRAMPIAN FIRE AND RESCUE SERVICE CAN HELP

In recent years it has become very obvious that many of the people who are dying or being seriously injured in house fires are dealing with other issues in their lives.

We can all get caught out at certain times, particularly after a couple of drinks, when we're tired or if we get distracted but unfortunately there are some people at a higher risk from fire every day of their life.

A vulnerable person may be unable to react to a fire or a smoke detector going off. They can also be less capable of preventing a house fire

There are many reasons or combination of factors that makes a person more vulnerable, including:

- **Drink or drug abuse or dependency**
- **Strong medication and prescription drugs**
- **Age related illness e.g. dementia, Alzheimer's**
- **Sensory impairment**
- **Mobility problems**

Some vulnerable people are not known to support agencies but they will have friends, relatives, neighbours or work colleagues that are aware of their situation.

YOU may be the only person that can help them; YOU may be the only person they will listen to. If you have concerns, please contact Grampian Fire and Rescue Service on **01224 788758** for advice.



Mastrick Hilton and Stockethill Local Policing Team

It's good to be given an opportunity to say hello to you through the 'Mastrick Matters' pages. I've been working in Mastrick for a few months now and have been taking every opportunity to meet with as many people within the community as possible. I'm keen to hear what issues cause you concern and continue to work with our partners to address these issues for you. Some of the Sergeants

have also recently moved to Mastrick and are getting to know the area and people who stay here. All staff who work from this office have a genuine desire to provide the best service possible to you all. We are all keen to hear your concerns and ask that you get in touch to allow us to deal with these issues. I look forward to meeting you in the weeks and months ahead.

Inspector Graham Milne
Local Policing Inspector
Mastrick, Hilton and Stockethill
Aberdeen

Contact Details
Mastrick Police Station
Greenfern Place
Aberdeen

0845 600 5 700

Grays Inn Update

What a great place Mastrick is to live. The recent Fun Day with Northsound Radio was a brilliant success and was lovely to see the whole community get involved. We also had a successful day selling bacon butties for Macmillan and our total raised including our Macmillan Coffee Morning was £1321.00.

Our Halloween Spectacular Disco had over 90 people in costume which was fab!

Thanks;
Bud , Sandra & Team Grays

Why not come in and see what we have to offer

MAN v FOOD

On Wednesday 7th November we held a MAN v FOOD night with our Mega Hot Curry. This proved to be another amazing night with 10 participants.

Dead Hot Donald won closely followed by Jalfrazi, Jason then Eric Masala.

Check out our Facebook page for more photos.





School News

Muirfield Primary

Outdoor Learning

We are excited to be part of the Places Project which is being run by Education Scotland. The aim of the project is to encourage outdoor learning and developing partnerships. Forrest Templeton at the Williamson Centre has kindly said they would be delighted to be our partners and we have already planned some exciting activities.

Mrs McAra will work with P1/2 in Room 3 on the initiative. We will be making monthly visits to the Williamson Centre on a Friday morning to work with a small group of young children there and to use their lovely mature garden to hunt for mini-beasts and look at plants and birds. We will also

be doing some planting in their garden and in our playground.

The Royal Horticultural Society are encouraging us to 'Get Our Grown Ups Growing', so we looking for some parents or grandparents from the class to come in and help us to do some planting. If your child is not in that class but you are keen to get involved in some way please do let Mrs McAra know. Also if anyone has any spare seeds or plant cuttings which you would be happy for us to have we would greatly appreciate it.

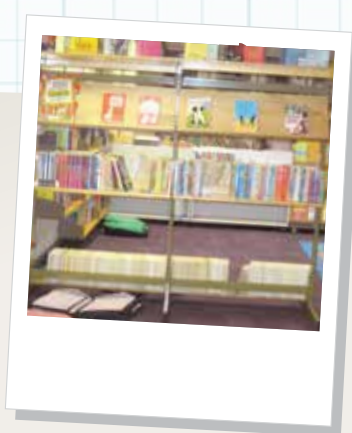
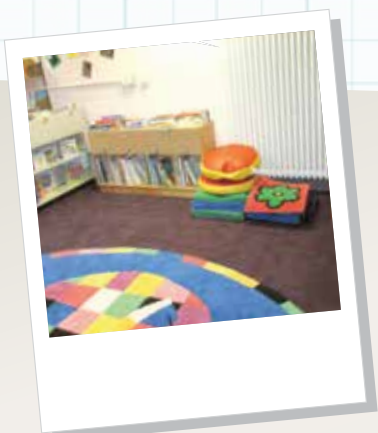
Even in the colder weather, children love to be outside for play or learning, so it is essential that they come dressed in suitable clothing so we can go outside whatever the weather!

Cycling to School

Ms Macdonald submitted a bid to Cycle Scotland to promote cycling in the community. In the second round we were successful in securing £6,000 towards developing cycling at Muirfield Primary. Part of the bid was for a cycle skills track and some bikes. We will also be running the cycling training programme. Once we have the ramps and bikes we plan for an open morning in January, where a stunt team will come and show some of their skills.

Mr Wood and Mrs Farr, two members of Muirfield staff, will attend training in order to help plan community cycle routes for our school.





Quarryhill School

It was with great pleasure that Headteacher Stephen Coutts welcomed guests to the recent re-opening of Quarryhill School's library.

As a result of an act of vandalism during the summer holidays, the library was flooded and many of the books within it were badly damaged. At one point, all of the books and furniture and fittings had to be removed by staff and parent volunteers to prevent further damage.

After a new carpet had been fitted and redecoration completed, the children from Miss Quinn's primary 3 class wrote to various oil companies to inform them of what had happened at Quarryhill and the pupils and staff were overwhelmed by the generosity shown towards the school by so many people.

Money donations and donations of books collected by companies, charity organisations and the school's parents and friends

meant that many fantastic new books could be added to those which remained.

At the library opening, Mr Coutts thanked those present and all the others who had helped in any way to rebuild a resource he described as being central to developing literacy at Quarryhill School.

Guests were shown round the library by senior pupils and there was an opportunity, later in the day, for the children and their parents to visit and choose a book.



Mastrick Community Centre

Management Committee

We are delighted to announce that the Management Committee have now signed both our Lease and Management Agreement with Aberdeen City Council; the building was officially ours as of 1st October 2012.

We are committed to making a difference to our community and are constantly looking at ways to involve others. We have been running the centre for over a year now with support from the Council - it has been a steep learning curve but we have now reached the point where we are flying solo. On our committee at the moment we have:

Pam Farmery, Chairperson
Stacey Park, Vice Chairperson
Christina Gray, Secretary
Margaret Armstrong, Treasurer
Donna May, Member
Bryan McKenzie, Member
Nina Black, Member
Doreen McMann, Member
Sarah Benzie, Member
Ron Robertson, Member
Shelagh Thompson, Member

The community centre is thriving and we have a varied programme of activities which is growing. Opposite is our current programme. If you are interested in attending or joining any of these groups, then please contact the centre.

We are always looking to get others involved so if you are interested in volunteering within the community centre then please come along and have a chat with us. At Mastrick we pride ourselves on being open and approachable so please come along and pay us a visit.

Aberdeen City Council Child Care Services Playgroup Mon-Fri 9.30am – 11.30am

Monday

Walking Group
 9am (leaving at 9.30am)

Adult Literacies ESOL
 10am – 12noon

Whist Group
 12noon – 3pm

Parent & Toddler Group
 1pm – 3pm

Trampoline
 4pm – 7pm

**Adult Literacies
 Basic Literacies**
 6.30pm – 8.30pm

Tuesday

Walking Group
 9am (leaving at 9.30am)

Sewing Group
 9.30am – 12noon

Citizens Advice
 10am – 3pm

NESCU
 10am – 12noon

PEEP
 10.30am – 11.30am

Pensioner Club
 1pm – 3.45pm

Drugs Action Needle Exchange
 2pm – 4pm

Youth Group
 6.30pm – 8.30pm

Zumba
 7.30pm – 8.30pm

Wednesday

Walking Group
 9am (leaving at 9.30am
 fortnightly)

C-Fine fruit & veg
 10am – 12noon

Trampoline
 4pm – 7pm

Thursday

Pathways
 2pm – 4pm

Tumble Tots (3 – 5yrs)
 3.45pm – 4.45pm

Zumba
 7.30pm – 8.30pm

Fly Tiers
 7pm – 9pm (Oct – Apr)

Friday

**North East of
 Scotland Disabled
 Veterans Association**
 10am – 3pm

Disability Trampoline
 12.30pm – 1.30pm

Tumble Tots (5 – 7yrs)
 4pm – 5pm

Saturday

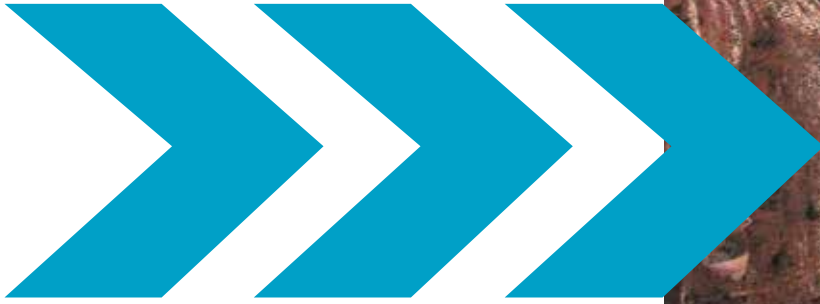
Alcoholics Anonymous
 7.30pm - 9.30pm

Sunday

DISCC
 1pm – 4pm

Alcoholics Anonymous
 7.30pm – 9.30pm





MASTRICK COMMUNITY CENTRE
GREENFERN ROAD
MASTRICK
ABERDEEN
AB16 6TR
TEL. 01224 788288
Email. mastrickcc@hotmail.co.uk

CENTRE MEMBERSHIP FEES

*Adult Annual
Membership - £5.00*

*Child Annual
Membership - £2.50*

*Group Annual
Membership - £10.00*

ENTRANCE FEES

*Member Entrance
Fee - £1.00*

*Non Member Entrance
Fee - £2.00*

RENTAL CHARGES

(rental charges are per hour)

Hall - £20.00

Back Lounge - £10.00

Upstairs Lounge - £12.00

Crèche Room - £10.00

*Birthday Parties (2hrs) £50.00**

For all bookings or enquiries
please ask at the office or contact
us on the above phone number or
email address.

*£25 refundable deposit required
at time of booking.





Woodend Tesco Opens

Tesco opened its long-awaited store on Lang Stracht on Monday 12th November at 8am.

The building is a first for a Tesco Superstore and a first for Aberdeen - the store is built on stilts. This allows for a much larger store on a small site. It also means that many of the car parking spaces are covered, which will be handy in bad weather!

The store is open from 6am to midnight Monday-Saturday and 8am-10pm on Sunday.

Over the first few weeks of opening there will be many events and competitions and fun for all the family. Details can be found on the store's Facebook page. Just search for "Tesco Woodend" on Facebook and you'll find it.

The store will employ around 230 full and part-time staff initially

and then another 30 staff when the home shopping department launches in January. Some 190 of these are new jobs, with 40 staff transfers from other Tesco stores in the area.

Many members of the local community have welcomed the new store as the other large supermarkets are too far to travel and there is limited choice in the local area.

Some of the features of the store include a Costa Coffee, full counters offer including fish, meat deli, olives and hot chickens as well as clothing and hardware.

The store intends on providing the best customer service of anywhere in Aberdeen and the entire store team have been hand-picked with this in mind.

In addition to this the entire team have had additional role-specific training, including fishmongers training in Grimsby and Billingsgate fish market and butcher training in south Wales. Specialists in bakery and counters have also put our teams through intensive training.

The team at Woodend are determined to play their part in the local community and support local charities. On launch day we presented a cheque for £1,000 to local charity Somebody Cares and over the year will be supporting the Tesco Charity of the Year, Cancer Research.

Grampian Symptoms Study

Have you had a sore throat, chest pain or a persistent cough in the last two weeks?

If so, and you're aged over 18, a University of Aberdeen health researcher would like to hear from you.

Alison Thornton is leading the Grampian Symptoms Study, which aims to find out more about how people think about their symptoms and what they do about them.

"We would like to talk to people who have had a sore throat, persistent cough or chest pain in the last two weeks. We are interested in speaking to people whether or not they have sought medical advice," said Alison, who is based at the University's Centre of Academic Primary Care.

"The study involves talking to me about your symptom and filling in two short questionnaires. Everything is kept confidential. It should take no more than an

hour in total and can be done wherever suits the participant – either in their own home, or at the University (Foresterhill campus)."



"It is important that people remember that this is a research study," she added. "I am not qualified to give medical advice, so if people are worried about their symptoms, they should seek medical advice in the usual way".

One person who has already taken part in the study is Mags. She said, "I enjoyed being able

to help. It was a doddle. Alison was very pleasant. She was kind enough to come to my home. It was very easy."

Alison added, "We need around 45 volunteers for the study and are looking to include a wide variety of people – men and women of different ages and from all walks of life."

"Anyone who is interested in getting involved can call me on Aberdeen 437216 or email ajthornton@abdn.ac.uk and I can send them an information pack which tells them more about the study - or they can pick up a pack from Sasha at SHMU."

"This is an opportunity to get involved in some community based research and we'd love to hear from anyone who thinks they might be able to help."

Dental Care in the Community

We are a team of 3 dental nurses employed by NHS Grampian and will be in your local area on a regular basis to provide help and advice on dental and oral health for adults and children including registration with an NHS dentist.

We have already visited some locations such as Cummings Park Community Flat so watch out for our planned visits in the future.



Community Energy Challenge

Rising fuel costs means that saving energy is a good move for everyone. Save energy and you'll help the environment and reduce household bills at the same time. It's an ideal time to get the best gas and electricity deal and find out how to save energy in your home.

Helen McCulloch is an Energy Adviser with Grampian and Langstane Housing Associations who is working on a government funded project called the Community Energy Challenge. The project is designed to help housing association tenants use energy more efficiently and cut down on gas and electric bills.

Speaking about the project, Helen said "With rising energy prices we are keen to help tenants avoid slipping into fuel poverty. Often it's a case of

checking that people are on the best gas and electricity tariffs and advising on how to use their heating systems. Even turning heating down by one degree could cut bills by up to 10 per cent and typically saves households around £50 per year. Our aim with this project is to make energy advice affordable and easy to put into practice."

Helen will be working in your area to help you to reduce your fuel bills and reduce your carbon footprint.

The Community Energy Challenge aims to:

- Provide advice on how to reduce your fuel bills and your carbon footprint
- Assist where fuel debt may be an issue
- Offer energy advice
Check that you are on the best

gas and electricity tariffs to suit your lifestyle

- Maximise your income
Advise on how to keep warm during the winter months
Advise on the **SSE (Scottish Hydro) Free Appliance Scheme**. This is a scheme run by the utility companies to assist low income/vulnerable tenants with free kitchen appliances such as a cooker or washing machine.

If you are tenant of Grampian or Langstane Housing Associations and find your home hard to heat, feel you are paying too much for your fuel or having problems paying for fuel, please call Helen on **01224 202967** or email energy@grampianhousing.co.uk. All advice is free and confidential and arrangements can be made to visit you in your home.

Aberdeen City Voice

Add your voice to the hundreds of residents already making a difference in aberdeen!

Aberdeen City Voice is a panel of Aberdeen City residents. We contact them on a regular basis to ask for their views on a wide range of issues that affect the community. At the moment around 1000 residents are on the City Voice Panel and we send them 3 questionnaires a year. The City Voice is supported by Aberdeen's Community Planning Partnership so it covers a wide range of topics.

Its very important that the panel represents the whole of

Aberdeen's population so we are now calling for more panelists to join. The results of these questionnaires are used to shape policy, measure performance and plan future service delivery. Basically, it tells the service providers what they are doing right and what they could be doing better.

Panel members also receive a copy of a newsletter that updates them on past City Voice questionnaires and more importantly, what the service

providers are going to do with the results.

If you want to make your voice heard on a wide range of issues affecting your community, please contact Philippa Mason, City Voice Co-ordinator on cityvoice@aberdeencity.gov.uk or **01224 522935**. Alternatively, you can find out information and access the questionnaire on www.aberdeencityvoice.org.uk



Our Adult Learning Experiences

We recently spoke to Raymond about his experiences attending adult learning classes to brush up on his spelling, reading, writing and numberwork. Here's what he said:

Rosalyn: *Where do you go for your tutoring sessions and how long do they last?*

Raymond: *I go to the James Tyrell Centre in Mastrick once a week and the sessions are just over an hour. They are 1:1 sessions – just me and the tutor. I don't feel confident enough yet to go in to a group but I might one of these days. I get on well with the tutor and she always has plenty of time for me and is very patient.*

Rosalyn: *What sort of things do you work on with the tutor?*

Raymond: *We do different things each week – sometimes we look at my spelling and grammar. We look at vowels and nouns and we*

have gone back to scratch to look at basic things like the alphabet. We have looked at breaking down words making it easier to read and understand them. I think that you have to be honest with your tutor and tell them what you don't know, as that is the only way you can improve.

Rosalyn: *How do you feel about the sessions and do you enjoy them?*

Raymond: *Yes, I really enjoy going up to the centre for my class. I am now 58 and I have been all over the world working and I still struggled with my reading and writing. I used to pretend I didn't have problems and make excuses for not reading things – like for example,*

I didn't have my glasses with me! I used to put bills and bank statements away in drawers because I couldn't read them and basically ignore the issue.

Rosalyn: *Do you feel your skills have improved and do you use them outside the class?*

Raymond: *Yes, I do feel I am making progress. There is still some way to go but I would like to think I could maybe go to college in the future or to a night class. I tackle my bills now with help from people and am not scared to try things. I would definitely encourage others to attend classes as you can get so much out of them and you are never too old to learn!*



Local band Forest Fires were on shmuFM in October



SHMU FM BAND OF THE WEEK

We'll make you famous!

Here at shmuFM, we are a central part of Aberdeen's music scene and we're always looking to help promote local bands and musicians.

We use our FM radio station, website and social media pages to share local music with thousands of people – and if you're a solo artist or group then we could feature you as our Band of the Week.

If you'd like to be considered, then get in touch with Stevie by emailing sound@shmu.org.uk or give him a call in the office on 01224 515013. We are looking for all genres of music to be represented on the station, so don't worry if you're not a traditional singer-songwriter or a 4-piece indie band because anything goes round here – the more unusual the better!

What you'll need is to have at least three songs recorded in MP3 format so that we can play them on the radio.

It's a great opportunity to have your music plugged to thousands of people, by us, for FREE. And you also get to come into the studio and play live. Many of our former Band of the Week musicians have gone on to be played by BBC Radio 1 and 6Music, had albums shooting up the iTunes Chart or, in the case of Amber Wilson, joined Bombay Bicycle Club and toured the world!

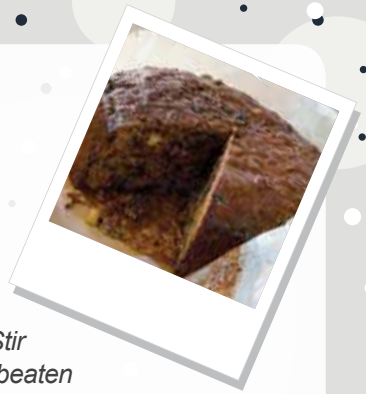
So get in touch and let us get behind your music.

SHMU TRAIN

We are now recruiting for the next Positive Transitions course which will be starting in January 2013. We will be running taster sessions and interviews before Christmas so get in touch now if you are interested or just want to find out more. Please contact Michelle, our Employability Worker, on 01224 515 013 or michelle@shmu.org.uk. Positive Transitions offers a 12-week training course for those aged 16-19 who are not in education, employment or training.

This programme encompasses a range of digital media modules which have been developed by SHMU; radio, video and music production. These modules are used not only to engage young people in a dynamic and different way but also to build employability skills such as communication, research, team work and confidence building. The employability module focuses on fully preparing participants to move on to, and sustain, employment, education or further training, by focusing on team building, industry sector awareness, job search, CV preparation and interview skills. Trainees completing the 12-week course will achieve an SQA Employability Award.

Christmas Cake Recipe



No Christmas is complete without a classic Christmas cake. This Christmas cake recipe may look complicated but is easy if you prepare and weigh all the ingredients and line the tin before you start.

A Christmas cake can be made 2 months before Christmas for it to mature and to be fed at regular intervals with brandy. If you are making it later, don't worry, it will still taste good.

Note: If you have time, you can also soak the dried mixed fruits the night before in a little extra brandy and proceed with the recipe next day, as it creates an even more moist cake.

For this recipe you will need:

- 1lb 2oz/525g currants
- 8oz/ 225g golden raisins/sultanas*
- 8oz / 225g raisins
- 4oz / 110g mixed candied peel, finely chopped
- 6oz / 165 glacé cherries, halved
- 10oz/ 300g all purpose or plain flour
- Pinch salt
- ½ level tsp mixed spice **
- ½ level tsp ground cinnamon
- ½ level tsp freshly ground nutmeg
- 2½ sticks / 300g butter, slightly softened
- 10 oz / 300g soft brown sugar
- Zest of ½ lemon
- 6 large eggs, lightly beaten
- 3 tbsp brandy, plus extra for feeding

Preparation:

Heat the oven to 300°F/150°C/Gas 2

The temperature is low as the cake needs a long slow bake. It is packed with sugars, fruits and brandy and if the temperature is any higher the outside of the cake will burn and the inside will be undercooked.

Line a 9 inch cake tin with 2 thicknesses of parchment or greaseproof paper. Tie a double band of brown or newspaper paper around the outside. This acts as an insulator and to prevent the cake from burning on the outside.

In a large roomy baking bowl mix the currants, sultanas, raisins, peel and cherries with the flour, salt and spices.

In another large bowl cream the butter with the sugar until light and fluffy. Stir in the lemon zest. Add the beaten egg to the butter mixture a little bit at a time, beating well after each addition - do not try to rush this process as the mixture could curdle. If it does curdle simply add a tbsp of flour and mix again - this should bring the mixture back together. If it doesn't come back together, don't fret, the cake will still be delicious.

Carefully fold in half the flour and fruit into the egg and butter mixture, once incorporated repeat with the remaining flour and fruit. Finally add the brandy.

Spoon the cake mixture into the prepared cake tin making sure there are no air pockets. Once filled smooth the surface with the back of a spoon and make a slight dip in the centre (this will rise back up again during cooking and create a smooth surface for icing the cake).

Finally, using a piece of paper towel clean up any smears of cake batter on the greaseproof wrapping - if left on they will burn and though it won't affect the cake, it doesn't smell too good.

Stand the tin on a double layer of newspaper in the lower part of the oven - if you have a gas oven ensure the paper is well away from the any flame - and bake for 4½ hours. If the cake is browning too rapidly, cover the tin with a double layer of greaseproof or parchment paper after 2½ hours. During the cooking time avoid opening the oven door too often as this may cause the cake to collapse.

After 4½ hours check the cake is cooked. The cake should be nicely risen and a deep brown all over. Insert a skewer or fine knife into the centre of the cake. If there is sticky dough on the skewer when you pull it out it needs cooking longer, if it is clean, the cake's done and remove from the oven.

Leave the cake to cool in the tin on a wire rack for an hour, then remove from the tin and leave to cool completely. Once cooled prick the surface of the cake with a fine metal skewer and slowly pour over 2 - 3 tbsp brandy. This feeding should be repeated every two weeks up until Christmas.

The cake should be stored wrapped in greaseproof or parchment paper in an airtight tin.

COMMUNITY CONTACTS

Alcohol

Alcoholics Anonymous **0845 769 7555**
Drinkline **0800 917 8282**

Benefits

Benefits Agency Advice Line **0800 587 9135**

Crime

Crimestoppers **0800 555 111**

Drugs

FRANK – National Helpline **0800 776 600**
Drugs Action **01224 594700**

Dentist

Dental Information & Advice Line (DIAL) **01224 558 140**

Doctors

NHS 24 Emergency **08454 242 424**

Electricity

If you have a Power-Cut **0800 300 999**

Family Planning

Square 13, Support & Advice **01224 642 711**

Family Planning

NHS Grampian Sexual Health Line **0845 337 99 00**

Gas

Gas Emergency **0800 111 999**
Gas Emergency with a Meter **0845 606 6766**

Housing

Emergency Repairs **01224 480 281**
Call Centre Emergency **0845 608 0929**

Police

Non-Emergency **0845 600 5700**

Samaritans

Need to talk **01224 574 488**

Social Work

Social Work Duty Team **01224 765 220**
Emergency Out-Of-Hours **01224 693 936**

Young Carers

Support & Information Service **01224 625 009**

Water

Scottish Water Emergency **0845 600 8855**

Mastrick Community Centre 01224 788288

Mastrick Library 01224 788558

SHMU 01224 515013

St Machar Parent Support Project 01224 487813

SCARF 01224 213005

VSA 01224 557868

Pathways 01224 682939

St Machar Credit Union 01224 524935

Family Learning 01224 260028

Aberdeen City Council 01224 522000

Mastrick Housing Office 01224 788503

Quarryhill Primary 01224 692390

Muirfield Primary 01244 694958

Kingsford Primary 01224 693554

Hazlehead Academy 01224 310184

Northfield Academy 01224 699714

Mastrick Church of Scotland 01224 694121

St Clements Church 01224 662247

Sheddocksley Baptist Church 01224 317430