

seatonscene

Spring 2024



In this issue:

ABERDEEN STREET ART

MRS MURRAY'S

SEATON'S SENIORS

SCOT SURF

www.shmu.org.uk/press

Photo by Serena McGurk

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Seaton Community Centre



Seaton Community Centre is located next to the primary school on Seaton Place East and is open for residents to use. Get in touch with the staff team for more information about the activities they have on offer.



editorial

How we get it all together

Seaton Scene is YOUR quarterly full-colour community magazine produced by Station House Media Unit (shmu) and is one of seven community magazines produced for Aberdeen's seven regeneration areas with the printing costs being met by the Fairer Aberdeen Fund. In this Seaton Scene, catch up with Residents from Seaton House and Lord Hay's court as you find out what they've been up to recently. We've also been Oot and About and popped into Mr's Murray's for a chat.

If you would like to get involved and join the editorial team or if you have ideas for articles, you can easily get in touch with us. Please contact Rose at rose.ross@shmu.org.uk or call **07752586312**, if you are interested in getting involved. The staff at shmu are able to support and train anyone living in Seaton who are interested in developing their ideas and skills in either writing, photography or proof reading.

Seaton Scene is a community publication and the views expressed are not necessarily those of the editorial team or of shmu.

Graham Donald | Community Development Officer
Tillydrone Community Campus Hayton Road
Aberdeen AB24 2UY

GrDonald@aberdeencity.gov.uk

Direct Dial: 01224 2191

Mobile: 07917 305803

STAR Flat,

14A Seaton Drive.

Administrator: Gillian Urquhart

01224 524209

Supported by





THE GRAFFITI COMMUNITY

(@AberdeenStreetart)

We have recently been allowed as a group to utilise the equipment at shmu, without supervision. This has been due to members of our group engaging with shmu's excellent tv courses over the last two years. It has led to us to begin to learn to document the graffiti/street-art projects we are involved in, in a professional manner. Through engagement with community-based filming project shmu staff and facilities. In this project we took over 400 digital stills and 40 videos, with a Sony camera.

The graffiti community is the beating heart through which street art is born. Muralism is not street art, though there are similarities. Recently a chance meeting occurred at one of two legal walls allowed by Aberdeen

City Council. The legal wall at Sunnybank Park. An old school Graff writer from Holland had a few chance days stopped over, from his offshore job. He approached members of the Aberdeen Street Art group at the wall during a painting session, we in the spirit of friendship and international art community, arranged for him to get some of our funded supplies through ACVO TSI (at a cost). The guy has been into graffiti art for longer than some of our group members have walked around. We met him the next day and a relationship ensued.

This led to friendship, trust and some months later this large scale "Top cats" production, covering the whole legal area in Sunnybank Park.

This would not have been possible without the environment, ethos and community set up by Nuart Aberdeen, Aberdeen Inspired and the Throw Up Gallery

Of course, though controversial in today's environmentally conscious world; it would not have been possible with our Aberdeen's traditional North Sea trade links and the Oil industry that has brought prosperity to our fair city.

Artists involved in the project are:

@mush_404

@alteregoabdn

@bitch_osk

@nestor_cromeance

Mike Aurthur

Mrs Murray's Home for Stray Cats and Dogs

It all started in 1889 with Mrs Murray herself taking strays into her home, it is now the main hub for strays in the area. Mrs Murray's is in Brickfield in East Seaton, the building is split into two parts with the rehoming centre in one and the boarding kennels and cattery in the other. They use the boarding to secure the majority of their income as they can't rely on donations alone. Bronwen is a team leader at the home and shared the importance of focusing on both parts of the charity.

"We have got to keep them both working so that we can make a difference to the animals that needs us."

"It's a vital part of being able to do the good stuff."

Although most animals they rehome are cats and dogs, Mrs Murray's doesn't discriminate. They have had everything from parrots to Guinea pigs.

"We take on anything that needs us really, within reason."

One parrot in particular takes joy in spooking the staff during their late-night lock ups.

"We have got one, when we do our checks at night, he always gives you a sort of creepy 'Hello' which is lovey to hear at 10pm in the pitch black, so that's always fun."

If you come across a stray or lost animal, the best thing you can do is call Mrs Murrays and they will direct you on who to contact. If it's a dog,

you will most likely have to call the dog wardens and they sort it for you or if you're happy enough handling the animal, you can take into Mrs Murray's and they will check for a microchip and call the relevant organisations. Bronwen emphasised the importance of updating your pet's microchip, as more often than not its registered to a breeder, making it harder for you to be reunited with your pet.

Speaking to Bronwen we got to hear, what the dogs get up when they find themselves at Mrs Murrays. Apparently, there is a 'zoomies' class that each dog gets the chance to participate in, there is also a garden and plenty of run space for the dogs. The charity work with trainers and do workshops with the dogs so that when they do find their home, they have some tricks to take with them.

"Making sure that their lives are a little bit enriched even though we try and not have them for too long it's nice to know that we have done the best for them."

Unfortunately, it's not all fun and games someone has to clean up after them, mentioning that they start every day with a clean out of all the kennels.

The main goal for the staff at Mrs Murray's is to rehome the animals they take in, the rehoming process is super simple and all online, it starts with an application form. The more information you put on it and the more specific you are, the easier it will be for them to match you with an animal.

Once that's all sorted, they conduct a zoom interview and virtual home tour to make sure everything is suitable. Once the application process has started, they want it to go as quickly as possible so do your thinking before you start the application. Once all the information is set in place, it's time for the best part, meeting your potential new best friend. But you need to keep your expectations under control, it's not a movie.

"People need to understand that some of these animals have been through hardship, and they need a little bit of time to get over that, to be able to come into your space, you earn that with them."

After the meet and greet you are given a day or so to think things over, the last thing Mrs Murray's want to do is to have an animal sent back to them, so you need to be sure.

If you decide the dog or cat is for you, it's well worth it.

"They are so grateful, it's such a difference working in the rehoming side to the boarding side, the rehoming dogs are so appreciative of your attention, and they want love from you, they want to see you, they are so happy to see you and grateful for anything you give them."

For Bronwen seeing a dog "find their people" makes all the cleaning worth it.

Olivia Andrews





Park Run

Over four years ago the world was hit by a pandemic. For many people it was an up or down moment. Some went inward some went outward. Mental health and wellbeing were forced to the forefront of our consciousness. We found ourselves with eons of time that we were forced to do something with.

For myself, I started eating healthily and walking. As a man fast approaching 50, this was with hindsight a make-or-break moment. I had had serious problems with my mental health and had also been diagnosed with type B diabetes. I had been isolated and become withdrawn. Now, the world, it seemed had come to me in the form of a virus. It had so to speak levelled the playing field. I had a chance!

Soon, I built up to 10 and 15k walks! In September 2020, I and two friends started running. We were slow at first, but we had a goal. The park run at Seaton! I won't go into the details of our training regime or our health problems. The way the outside world tried to stop us. If, however, they made a last of the summer wine or chewing the fat about 50 somethings running buddies you might get the idea.

Our regime was now to try and walk/run the 5k course of the park run. We did and sometimes we would see the people coming our way and have

to avoid them, literally hundreds of them. We walked, we talked, we bickered, and we gossiped. However, I think the point is that we felt we were doing something and doing it together!

The park run meets every Saturday from 9:30 am at Seaton, on the esplanade, just up from the Ellon bridge. If you walk up to where the Bird hide is, there's a path. They are clearly visible, and the road is choca with cars. Hundreds of fit and happy people of all sizes, with attitude or without, with hopes, fears and doubts. They get together and run 5k in a community setting in one of the most beautiful parts of Aberdeen. Which unfortunately everyone forgets is there and drives past in the cars, quickly, worriedly and without thought.

I've done loads of 5ks but still have taken part in the park run. However, it's good to have a plan and it's nice to see them run. I've signed up and it's simple to do so. Then all you do is print off the bar code and show up. Maybe soon enough I'll do it, it's nice to have a goal! You never know I'll maybe make some new mates...

You can find out more about Park runs in Aberdeen here:

<https://www.parkrun.org.uk/aberdeen/>

Mike Arthur

Oot and About – Climate change and wildlife in Seaton Park

Climate Week Northeast 2024 took place from the 15th to the 24th of March, to get an idea of how it effects the folk of Seaton we were oot and about in the park to ask people their thoughts on climate change and the different wildlife that the park has to offer.

Even though it was raining, the troops were out in full force, dog walkers, students and wifeys out for a stroll and a gossip.

One group of women had been coming here for years, said the grass and river were great for the wildlife. They said it was "very well kept" and appreciated the hard work of the gardeners.

Murial and John were a lovey couple out with their dogs, they came all the way from Dyce to use the park, having places like Seaton Park really encouraged them to get outside and walk instead of taking the car. Telling us about the otters and herring that call the park their home. They recycle and try their best to do their bit for the environment, saying their motivation was because of their grandchildren "I worry about the children, I think about them".

If you want to share your thoughts on climate change and the environment around Seaton, please get in touch my emailing Rose at rose.ross@shmu.org.uk or you can see were else we have been and leave a comment on our socials. You might just catch us oot and about.

Olivia Andrews



Suicide Prevention is Everyone's Business

On average two people die every day from suicide in Scotland, it is also the biggest killer of young people.

Have you ever actually asked someone “are you thinking about suicide?” it may seem a bit blunt or too taboo, but it could just save someone's life and you shouldn't be afraid to ask.

Justine Dunbar is the Community Engagement Officer for Aberdeen City and works as part of the North East Suicide Prevention Team, she explains the issues further and gives advice on how you can ask the question or seek help.

She started in her role back in November after working at Shelter Scotland and many years of volunteering work in the sector.

Would you be able to tell me more about what your job involves?

“The role as a community engagement officer is really all about reducing stigma around talking about suicide and linking in with

everybody on the ground, we have suicide prevention resources that we can distribute, and we also provide training as well.”

Their “Introduction to suicide prevention training” gives a broad overview of the topic looking at the warning signs and how to ask, so it's perfect for someone who wants to know more about what they can do to keep themselves and others safe.

What should people look out for, are there any warning signs?

“I would say it's any change that you have noticed within somebody, that can be anything from if someone has been more withdrawn, more negative in terms of their own self-image, not looking after themselves in terms of eating and personal care.”

The signs can be different for everyone there can even be no signs at all, so if you feel like someone is

not themselves always trust your gut and ask.

She also mentioned the importance of active listening.

“Listening is a really crucial skill when it comes to suicide prevention.”

“The factors that cause someone to have thoughts of suicide or act on their thoughts of suicide are different for each person, so it could be a series of things that has happened. You're not necessarily going to be able to fix that problem. But what you can do is just give the person that space to talk.”

“Asking them open question's and focusing on how they feel, rather than the details because you don't always need to know, sometimes somebody just needs to unload and say the words as to how they are feeling.”

“Never promise confidentially either, there might be a situation, where you

have to pass on information if they are at risk.”

We spoke about what to expect as a “care giver” once you have asked the question and how you can protect your own mental health when helping someone who is struggling with theirs.

“Some people will feel a sense of relief once they have been asked the question and that gives them the safety to know that they can talk.”

“For some people it might be that you have asked the question and they have said yes and then there’s this silence, you might just have to be there next to them side by side until they are ready to actually talk.”

“If you’re having that conversation with somebody and you’re not happy, you don’t feel that they are able to keep themselves safe, then obviously phone 999.”

“It’s about keeping yourself as that care giver person safe, so debrief somehow don’t carry that with you”.

Although suicide can affect anyone, certain situations and life changes can have a negative effect on our mental health, this is especially true for becoming a new mum.

“There is a lot of pressure becoming a new mum a lot of changes, physical changes as well, hormonal changes that can affect how you feel.”

“Not wanting to say that you are struggling because of the stigma that people might say you are not a good parent, but what I would say is that you’re not alone in feeling like that, reach out.”

Latnem is a peer support group for mums and birthing people, more information on the charity and other support is available on the North East suicide prevention.

So how can the everyday person help prevent suicide in their community?

“Challenging myths, if you’re in a conversation and you hear someone say, like oh people who talk about taken their own life are just seeking attention, actually challenge that”.

What it means is that they need help, and their needs are not being met.

Just checking on people it seems simple, but asking are you okay? And listening with kindness and compassion

If you are having thoughts of suicide, there is help out there. The Prevent Suicide North East app is a great resource as it contains a safety plan, an important self-help tool where people can recognise their own triggers, coping mechanisms and trusted supports. It also has links to all the other support networks. Its free to download, all the information is also printable for those who don’t have access to a digital device.

You can also access help through your GP by asking for a link practitioner who can help you access local services, or by booking a double appointment so you have time to talk through how you are feeling.

1 in 20 people in Scotland could be thinking of suicide at any one time, you are not alone.

Helpful contacts

To request training, resources or help with suicide prevention activities email:

northeastsuicideprevention@samh.org.uk

Suicide Prevention Northeast Prevention App - <https://www.preventsuicideapp.com/>



Seaton's Seniors Conquer shmuFM



Here at shmu, we have recently had the privilege of working with the fantastic residents of both Lord Hay's Court and Seaton House.

Over a period of weeks, our shmuFM Development worker and Community Media Support Worker had the pleasure of visiting both high-rises, getting to know the residents and working on a radio project with them.

At the beginning of the project, when we explained the residents would eventually be joining us in the studio at shmu for a live radio show, there was understandably some apprehension from some of the residents, having never done anything like this before.

After a number of weeks visiting the different buildings, reminiscing and putting the world to rights with participants, it was time. Everyone was ready for their live shows in our radio studios.

Lord Hays' were our first live show and were an absolute riot! We loved every minute of having them in to see us and we're pleased to say that they did too!

After the initial apprehension towards coming to the studio, by the end of the weeks of preparation, we had 14 hands in the air when we asked who would be coming to visit us. This was every person that we had worked with across the sessions and more people than we had ever crammed into a studio before.

But the more the merrier and so, 14 'Lords and Ladies of the Court' as they called themselves came to shmuHQ and put on a cracking show.

The group kicked off the show with a song they'd written especially for the occasion. "We're the gang of pensioners from Lord Hay's. We're

off to see our friends who work at shmu. We try to understand what's happening to this land with social media, apps and Facebook too!"

The ladies of Seaton House, or the Golden Recycled Teenage Girls as they were also known, were just as fun!

We were worried we might have to break up a cat fight in the studio when the group got onto the topic of their favourite gameshow hosts, but they were tamer on air than they had been in the comfort of their own common room. 'Bradley Walsh is the best!', 'No Ben Shepherd is far better!'.

Despite the differing gameshow preferences, the group came together to put on yet another brilliant show for us.



Voting, and Methods of.

My mum once said to me, “remember, you vote with your purse”, which in the 1970s and 80s meant that we didn't buy goods from South Africa because of the cruel Apartheid regime that was in place there. I was 24 years old when we watched Nelson Mandela being finally released from prison in 1990 and South African Apartheid legislation was finally repealed on the 17th of June 1991.

Fast forward to today, and it is South Africa which is standing shoulder to shoulder with the people of Gaza in the International Court of Justice and in the Peace Palace in The Hague.

The way that you spend your money matters, but so does the way that you save it. A recent report from Share Action shows that the majority of insurance companies are underwriting and investing in projects that are increasing global warming.

Yes, your money can be a ballot, but your actual ballot matters too, especially in this year as more voters than ever in history will head to the polls in at least 64 countries. In the UK however, the coming election is set to be the most unequal with regards to age, income, class, home ownership and ethnicity according to the Institute for Public Policy Research (IPPR).

Homeowners vote more than renters, pensioners more than their grandchildren, graduates more than non-graduates and the wealthy more than the poor. Could this be contributing to the rise in inequality, the IPPR thinks so. They also envisage the creation of a 'doom loop' as policies become less reflective of the population at large and in turn stoking populism.

At this coming election it is now necessary to hold voter ID, so make sure you have the required ID or apply via this link - <https://www.electoralcommission.org.uk/voting-and-elections/voter-id>

Kairin van Sweeden
Councillor for Ward 6

Throughout our time working with these groups, it became clear that these buildings were little communities within the community of Seaton. There is a lot we can learn from their experiences over the years and what it means to be a community. The residents look out for one another, keep each other company and make their own entertainment.

Thanks to the residents of Lord Hay's Court and Seaton House for coming to see us, and the phenomenal show. Hopefully we get to work with these groups more in future and get to keep doing brilliant projects like this.

If you missed the live shows, don't worry you can still catch them by visiting our Mixcloud page, where you can find the groups shows and more.

www.mixcloud.com/shmuFM/





THE “ENERGIZER PROGRAMME”

The energizer programme is run by the Aberdeen Sport village and helps “level the playing field” for children by giving them free access to sport, the facilities at the Sports Village and a hot meal. For many playing a sport and getting a chance to burn off some steam is something we take for granted or often see as a chore, but for the kids that attend this programme it is an opportunity that will help them flourish.

The programme was first set up in 2023 by Graham Morrison who is the head of sports at the facility in collaboration with the Global Energy Programme. It runs in blocks aligning with the academic year as the targeted children are of primary age ranging from 5 up to 12 with 1205 kids attending the last block, it has been a huge success within the community.

They offer various sessions throughout the week that are all run by volunteer specialist coaches including rugby, football, hockey, multi-sport, athletics, dance, squash and even swimming. They have worked with clubs like Aberdeen Armature Athletics, and We Make Footballers to ensure the kids get the best quality coaching. The programme not only benefits kids from different backgrounds, they also work with Nescol to offer coaching experience to their first-year students.

Coby is a second year Nescol student who studies Sport Coaching, he is volunteering with the programme, watching the sessions and seeing how the first-year coaches and kids develop through the programme.

“When I first started, I wasn’t used to being in a role just watching everyone, I thought this is going to be really boring but over the week I saw a massive improvement and I think that’s what’s rewarding about it, they are enjoying it they are coming back.”

He is passionate about the programme and the opportunity sport offers these kids.

“I think it’s really important, it helps to get them in a routine, something that might become a hobby later on, I know when I was younger, I don’t know what I’d do without sport, it keeps me active it keeps me doing something and the social aspect that comes with it.”

The sessions run straight after school from either 3:30 - 4:30 or 3:45 – 4:45 this is an important aspect of the programme.



“THEY FEEL THAT THEY HAVE ACCOMPLISHED SOMETHING IN THE DAY”.

“The kids get a chance to just run around for an hour have as much fun as they want and have a meal after, the whole thing is they come from school, so they don’t just sit at home and do nothing, they come to sports village and take part in an hours’ worth of activity.”

The programme was even nominated for Community Sports Project of the Year, Liam Kerr who is the Sport Coordinator and oversees the running of the programme. He believes that “it’s a fantastic program, that benefits everyone”. Even the parents, as it gives them a chance to socialise and get out the house, while taking a weight of their shoulders knowing that their child will have a hot meal for dinner free of charge. Liam conducted a survey to get their opinion, 80%

were happy with the meal and 100% were happy with the level of coaching. All the parents surveyed has something positive to say, “Coaches are wonderful, very good with the kids, kids need more events such as this.”

But the energizer programme is now at risk, speaking to Laim he plans to run the next block in May, but with the funds dwindling they are in dire need for a new sponsor. This is an amazing opportunity for the kids that it targets, “it may be their only activity out with school” it’s so much more than just sport, its socialising, a chance to decompress



after the school day, it’s a warm place in the winter and a guaranteed hot meal, something so many of us take for granted. A new and involved sponsor would ensure that these kids don’t miss out on the basic privileges of warmth, food and exercise.

Olivia Andrews



Solar Powered Flat Whites

Campbell Scot is man of many talents, although latte art is not one of them, claiming his intended heart pattern often comes out looking like a “spring onion”. After teaching Sport and exercise Science at Aberdeen University for 10 years and being in a senior management role at Robert Gordon University, Campbell wanted a change from the office-based work week and thought “what if”.

So, in 2017 he set up Scot Surf School, the trailer was the first one along the beach front and what better way to warm yourself up after bobbing in the North Sea than a hot drink. Following the success of his school, Campbell bought another trailer in February of 2023, and created Scot Surf and Coffee.

He gutted and renovated the whole thing himself from a friend's garage

in Drumoak, after getting planning permission from the council he set up shop on the Don Mouth Nature Reserve. Being on the reserve inspired him to use the solar panels to power his trailer, “the most important thing for me is to have silence” Campbell didn't want to constant hum of generators to ruin the tranquillity of Don Mouth. He was able to get hold of a second-hand battery that was previously used on a dive boat from the oil industry, “everything I try and get is recycled as well”.

The panels power everything from the lights to the fridge, the only thing that needs a little extra power is the coffee machine it uses dual fuel getting electricity from the panels, but it still requires gas to heat the water. Using green fuel has made the van a hit with locals and councillors, “I've tried to be really aware of

the other people round about me” he even painted one of the sides green, so the trailer blends in with its surroundings. Campbell has an app that can tell him how many watts are being used to power the trailer, even in Scotland a business can be powered by the sun “without a doubt it can be achieved, I've proved it.”

The trailer isn't quite a one-man band someone needs to make sure the latte art is up to scratch, Campbell hired a young lad who he taught to surf, to be the barista, after hearing about the wage he was previously making Campbell was appalled and made him a much better offer. “I'll pay for skill, I don't care about age” keeping with Campbells theme of extreme and sports, the young lad is planning on using his barista wages to pay for his motorbike insurance.

Campbell has big plans for the Don Mouth side of the beach, his next

challenge is taking on a community asset take over. The main problem with that side of the beach is that there are no toilets, with things like the Saturday Park run there can be up to 400/500 people there at one time, “they are going to the loo somewhere”. In order to solve this problem Campbell wants to reinstate the old toilet block, litter was also one of his concerns, “in summer it’s like Benidorm, there can be up to three volleyball nets, it is heaving.”

“Everyone just leaves stuff down there, it’s sad, I want to fix that”.

He now offers a great scheme where you can bring a bag of litter you have collected in return for a discount on your coffee order, that’s better than Starbucks rewards. He even told me about a thing that happens in Japan called the Litter pick world cup, so who knows what else he could come up with.

Being a Fittie resident himself, Campbell was disappointed by the locals referring to the busy beach front as a “shanty town”. He believes that all the vans and food trucks have created a great footfall all benefiting each other and bringing a community feel to the beach, with loads of clubs formed after lockdown, like the Blue Tits and Baltic Boys its nice for them to have an option of hot food and drinks after their swim.

With summer on the horizon, Campbell wants to bring out his most exciting project yet an “orange mocha frapachino” simply because he loved the movie Zoolander and always wanted an excuse to say it. Paired with a Malteser Muncher or one of specially sourced oat biscuits is there nothing this solar powered trailer can’t do?

“Everyone just leaves stuff down there, it’s sad, I want to fix that”.



Olivia Andrews

Podcast Series

We are launching our new “shmu IN FOCUS,” a podcast series that uncovers the heart of issues important to the communities we work alongside.

Our first series will delve deep into Mental Health in Aberdeen, shedding light on personal experiences, community perspectives, organisational and community insights, and challenge against stigma.

During Mental Health Awareness Week (13th - 19th May), we'll shine a spotlight on young people, men's mental health, and the invaluable community support.

Keep an eye on shmu's social media pages to find out where you can find the podcast episodes when they launch!



Northern Lens

Northern Lens, the new Youth Film Festival is coming to the Lemon Tree in Aberdeen on June 16, 2024, as part of Light the Blue Festival.

shmu in partnership with Aberdeen Performing Arts are hosting the film festival with support from the Sean Connery Foundation to celebrate youth filmmaking across the country, with a spotlight on the North East.

Films made by those under the age of 25 in Aberdeen of the last 2 years will be selected and screened during the festival.

There will be screenings of short films curated by a panel of young people, practical workshops, an inspirational industry panel Q&A session for aspiring filmmakers, a marketplace highlighting local training and education opportunities, and networking sessions.

To keep up to date with all the festival news, information and the schedule of workshops and sessions for the day and the link to submit your film and to find out more <https://bit.ly/NorthernLensFestival>



Catch up with Seaton Community Church



Kids

Seaton Stars: Fridays, 9:30-11am

We've had a great few months at Seaton Stars, our parent and babies/toddlers group, with lots of new faces joining us for music and play!

Seaton Stars runs every Friday during term time from 9:30am-11am. All parents with children preschool age are welcome to come along, there is no need to book in.

One One Six: Mondays, 7-8pm

One One Six is on Monday nights at 7pm-8pm. This is a group for primary school children to come along and play games and have fun. Parents are welcome to come along and grab a tea or a coffee from our coffee bar while the children have fun.

Creche/Kids Church: Sundays, 10:15am

On Sunday mornings, as well as our church service, we run a Creche and kid's church. Our creche is for preschool aged children, parents can drop them off with our creche team who will just need to take some details from you before dropping your child off. If your child is new to creche and is having

trouble settling you are more than welcome to stay with them, we have a live link to the church service in the creche room also. Kids Church is for all primary aged children who can come to play games, make some crafts, and hear about Bible stories. The service begins at 10:15am, you can either drop your child off and pick them up at 11:30 or join for the service.

Fun Days

Our Summer Fun Day this year will be on the 16th of August 2024. The day is for primary age children, please note, unfortunately we do not have suitable activities for preschool aged children on the day.

We are looking forward to a day of fun, games and activities. Registration starts at 9.30am and you will need to collect your child/children at 2.30pm. Lunch will be provided; please ensure you sign up quickly for the day as spaces go quickly and we have limited numbers.

You can sign your child up by contacting our Women and Family worker Renae on 07789 778132 who can give you a link to the registration form.

Community

Theatre: Titanic – The last hero and the last coward!: Wednesday 15th of May, 7pm

Following last year's success, we are hosting another great theatre performance on the 15th of May.

Searchlight theatre is coming again with a new powerful production.

"Titanic – the last hero and the last coward!" addresses issues of life and death, earthly wealth and eternal destiny.

Ticket price is £3 pp.

Tickets are mandatory for attending night, please book online or bring cash on the night.

Women's event

Women's Summer Collective - Summer Garden Party on Friday 7th June @ 7pm

Come along and bring some friends with you and join us for our Summer Garden Party, which will be our next Women's Collective event. We are planning to make use of our lovely garden (weather permitting!), for an evening of Summer bites, chat and encouraging & inspiring life stories. We look forward to seeing you there!

We want your photos!

We are always on the lookout for front cover images and photos for within the Seaton Scene. If you like taking photos, whether it's nature/wildlife photos, landscapes or scenery, local landmarks or of events, we'd love to receive your photos.

Simply get in touch with Rose via rose.ross@shmu.org.uk to find out how to send us your photos!

Mike Arthur



Lewis McGill



Lewis McGill



Gillian Urquhart



Serena McGurk