# LOCAL NEWS DEDICATED TO YOUR COMMUNITY



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L to R - Mary Clare, Elsie, Gary, Morven, Wendy, Cat, Sonny & Margaret.

## editorial

#### Welcome to your Autumn edition of the Tilly Tattle.

As you can see from our editorial picture our team is growing but we are always looking for more volunteers to get involved in the Tilly Tattle. So if you would like to join the editorial team or have any ideas for your community publication, you can easily get in touch with us. The staff at SHMU are able to support and train anyone living in the area who is interested in developing their ideas and skills in either writing, photography or proof reading. So please don't be shy, this is your magazine written, edited and designed by the good folk of Tillydrone!

If you live in the Tillydrone area and would like to come along to the editorial meetings, the team meet every Monday, 10am -11am at Tillydrone Community Flat, 3B Alexander Terrace. If you would like to submit an article or a photograph - get in touch with

Mary Clare at Shmu on 515013 or you can email her on maryclare@shmu.org.uk

Supported by











Working with Young People in Uganda

Do you know someone that lives in Tillydrone, who will be aged from 16 to 25 in September next year? Would they like to take part in an African Adventure? If the answer to both questions is yes then read on!

We are a group of volunteers who are involved in a project called Tillydrone Vision. The idea behind the project is to build on links made between the people of Tillydrone and a school for orphans and other children in Kamuli, Uganda.

One of the most exciting parts of our project is our taking young people from Tillydrone across with us to experience what life is like in a totally different environment. This is usually a life-changing experience!

Despite this being technically free of charge to our young folk, this is no holiday. We expect them to pull their weight and help us raise funds to cover some of the transport and other costs. This year we are looking for four young people to take part.

If you are interested or you know someone else who may be, please have a look at our website on www. tillydrone-vision.org.uk where there are more details about the project and how to get involved.

By Gary





## **Donside Village**

A number of properties in the new Donside development have now been completed and it is beginning to look less like a building site and more like a real community. Fifty-six people have now moved into their new homes and a further seventeen are expected to move in by the end of this year. The development is proving popular and there has been a good level of demand for both rental and sale properties. We will keep you informed of progress over the coming months.

#### A tenant s View

#### What's the best thing about living in this community?

Although just into post as the Community Development Officer for the Donside Urban Village I have already had the pleasure in meeting with and talking to a number of residents in the area and asked them all a very simple question:

#### 'What's the best thing about living in this community?'

Even with the three insights of the families interviewed who are settling into life in the Donside and Tillydrone area I am able to see that a community feeling is beginning to appear with people describing the space, housing and neighbourly feeling of the development, but far be it for me to prattle on, take a read of the articles and see for yourself.

#### **Life at Donside**

#### By C Holland

My family moved to Donside at the beginning of August. Previously, my Husband and I had lived in Cornhill, but the arrival of our baby boy meant that our one-bedroom flat had become too small and a move was inevitable.

I must admit, I felt a little trepidation at the thought of moving to Tillydrone - it is an area of the city I had never really been to and had heard some bad things about. I am thrilled to say my fears have been groundless.

We have settled in already and have found that Tillydrone has a lovely community spirit if you choose to get involved. Everyone I have spoken to has been helpful, from the staff at the Community Flat and the Library, to the Chemist and the Butcher, everyone has had a smile and a kind word to say.

The surroundings are beautiful and we are enjoying exploring the riverside paths, Seaton Park and Old Aberdeen (even in the rain!). We've even heard owls from our window and heard some of the other children on the development getting excited over our resident fox.

Before we moved here, I had never thought of myself as a member of the community. I think the arrival of our son has made me want to become more involved and I can honestly say that the Tillydrone community seems like a great place to start.

#### From Northfield to a Riverside Address

Rose and Jack Ramsay, and not forgetting Holly

I received a very warm welcome from Holly when I visited the Ramsays to ask our most pressing question, 'What's the best thing about living in this community?' Holly is of course Rose and Jack's 5 year old dog, who is already known to many of Donside's younger residents. Once settled with a lovely cuppa I asked the question.

"We love it, it's a fantastic location close to the river, ideal for taking Holly out on her walks", (at this Holly's ears perk up - but she really just wants to relax). For Rose it is being able to look out from the house and seeing the mature tress, shrubs and greenery that surrounds their home, the feeling of being in the country. Jack is especially keen to investigate the walking opportunities to take in the wildlife of the area and being

amazed to see a lone swan and heron on the crystal clear water.

"The house is wonderful, great standard of finish and no problems at all", Jack stated - and he should know having worked in the building industry throughout his working life.

Rose likes the room sizes and how warm and cosy the house feels - and it is a very light and welcoming home. They both wish to pass on their gratitude for the inspiration of the Donside Village, its design and the build quality to all those involved.

#### "We love it, it s a fantastic location close to the river, ideal for taking Holly out on her walks"

They have both found that almost everyone is making an effort to get to know each other, becoming neighbours in the community, building up that feeling of being in a village. Most of the children in the surrounding area know the

#### CRUIVES COURTYARD

couple by name, saying hi when they pass by or dropping in to ask if Holly is coming out to play.

Rose and Jack firmly believe that you get out what you put in, so if you put the effort into getting to know your neighbours as well as the surrounding area, the spirit of the Donside development will become apparent. Jack says, "It's a fantastic idea, a unique design with a unique community and I hope that once fully established this feeling will be maintained".

Rose put it very succinctly when she explained her first thoughts about Donside and their new home, "It felt like coming home, a place we wanted to be"

Complied by Mark Thomson, with the grateful thanks for all those involved.



My name
is Mark
Thomson and
I am the new
Community
Development
Officer for
the Donside

Urban Village with over 25 years working in the voluntary sector as a volunteer and employee for local and national organisations. I am very impressed by the look and feel of Donside and can

and feel of Donside and can see the potential for creating community based events, developing areas such as children's play and communal spaces with you all taking a central role in the process.

Tenants First will be hosting fortnightly Drop-In Surgeries at Donside from 20th September 2012 between 2pm - 4pm at the Sales office.

Check out the Donside
Facebook page or contact me
by telephone on 01224 628
400 or by email: m.thomson@
tenantsfirst.coop

#### **Mark Thomson**

Community Development Officer



## **Hayton Road** Residents Group



Just a quick note to say that a Residents' Group has been set up for those who stay in the new builds on Hayton Road. The group meets once a month to discuss issues and ideas for the area. We usually meet in the Community Flat at 3b Alexander Terrace at the end of the month and we try to get people from different agencies to speak to the group - in the past we have had guests such as housing assistants and the community wardens. We are a friendly bunch as well and at the meetings there is loads of tea and coffee and chocolate

too (but only if you get there before me)! Any issues are treated confidentially and it is a really good way to meet your new neighbours. So, if you are a resident in Hayton Road and you would like to join our little club and want more info then you can contact Gary at the Community Flat on 486641 and he can pass your enquiries onto the group.

By Yvette

**ACC** 

#### **Aberdeen Childcare Services**

Aberdeen City Council Childcare Services provide childcare and family learning activities throughout the city, where children and families can gain access to high-quality learning experiences within their local communities, that holistically meet their needs.

We have a Breakfast Club in Riverbank Primary School Monday to Friday from 7.45 – 9am for Primary 1 to Primary 7, where children have breakfast and play before they are escorted to school.

The crèche is a safe environment for children to attend while parents and carers take part in learning, social or sporting activities. Children have fun and play which may include singing songs, painting, role play and story time.

Playgroup provides children with pre-school experiences such as art and craft, construction activities, sand and water play and the opportunity to socialise with other children.

#### PEEP [Parents as Early Education Partners]

Peep is available to all parents and carers with children from birth. Group sessions run weekly in school term and last about an hour

#### **Tillydrone Community Flat**

Early Learning Crèche from 0-2½ years on a Tuesday and Thursday Morning 9.30am – 11.30am

Playgroup 2 ½ - 5 years on a Monday and Wednesday from 9.30am – 11.30am.

Peep group runs on a Monday afternoon 1pm – 2pm

For more information please call **0845 604 1432**.

Bv Helen







## **Tillydrone Community Flat News**

## It has been a busy couple of months at the Tillydrone Flat at 3b Alexander Terrace!!

We ran a really successful play scheme through the summer holidays which was well attended. Thank you to everyone who helped out with it. Likewise thank you to everyone who helped at the Gala. We raised almost £300 for the flat which is great.

We are getting going with various classes again and are pleased to say we have more going on now than ever before. We have classes in Basic Computing, Literacies, Cooking, English as a Second Language and Creative Writing. Get in touch if you are interested in taking part in any of these - or if you fancy something else, ask us and we will see what we can do!

We also have regular meetings and sessions such as alternative health therapies, help with employment, substance misuse support, local tenants groups, crèches and parenting skills groups. We are also aware of how difficult it is sometimes to make sense of benefits or other basic legal matters so we can offer some help with that too. If not, we can point you in the right direction.

If you are interested in getting involved with what goes on in the flat, give us a phone on 486641 or come in and have a look round. We are always looking for new ideas and support, so get in touch if you can offer either.





## Speaking of new ideas:

Hello, I'm Ryan - a third year social work student from Robert Gordon's university. I will be at the community flat for my placement until the end of November, getting experience that will hopefully allow me to be a good Social Worker in future. I will be helping out at the crèche as well as other projects around the area. I'm really looking forward to getting to know and work with everybody.







## Tillydrone Gala Saturday 18th August 2012

The sun shone in Tillydrone!
This particular gala was looking
in jeopardy if the weather on the
Friday was anything to go by,
as it was good Scottish rain
coming straight down continually.

Aberdeen's Lord Provost George Adam opened the event. There was not a cloud in the sky and people numbers swelled with the glorious sunshine. There were numerous projects and events and everyone seemed to be enjoying themselves, young and old. Bouncy Castle, sumo wrestling, face painting, Gladiator skills were just some of the fun activities we had going on.
Northern Roughriders - the North East's very own Wild West re-enactment group - put on a marvellous show. The five-a-side football featured teams from all over the city and fittingly a team from Tillydrone won the shield.

Guarana drummers encouraged anyone to try. SHMU Radio did a live broadcast. Ice cream and the queue for the burgers were continuous. So a big thank you too everyone who took part and to everyone that came along and made this a fantastic enjoyable day.

The coolest person on the day was Gary Dawson from Tillydrone Community Flat, who volunteered to be the target for the throwing of wet sponges!

By Sonny





## M26 Road to Recovery

The M26 Group have had several good outings recently. The swimming in the university pool, football with a group from Seaton in Seaton Park and a pool tournament at the Hut in Seaton were certainly great fun. The M26 is not a very big group so the things we have done with the Seaton group have benefited us and them. We are planning more mixed events in the future.

The Tillydrone Gala Day was enjoyed by the M26 group as much as everyone else who

attended. Coming third in the five-a-side football was no disgrace for the old boys of the tournament.

The highlight of recent events was the go-kart racing with Math coming first out of the nine of us while I came ninth.

Despite the bad weather the garden is looking good. We had a very bumper crop of tatties although the other veggies are not looking so great.

The future is looking for great for the group with Aileen, Graeme

and Jamie doing excellent work. Finally congratulations to Shauny who is now a volunteer and can take the groups out when the above mentors are unavailable.

By Cat



**BETHANY TRUST** 

### Latest News From Bethany Trust

We all want to 'belong' don't we? Whether it is as part of a family or as part of our community, we all have a basic need to be around other people and build relationships.

This has been at the core of the work that Bethany Christian Trust has done over the last 30 years. Starting from small beginnings in 1983, Bethany Christian Trust is fast becoming a national homelessness charity across Scotland.

Bethany exists to see lives transformed, communities revitalised, homelessness eradicated and most of all we want to see the good news of the gospel displayed in practical ways in our society. Increasingly, homelessness is not about

rough sleeping (although this still happens) and more and more about preventing homelessness before it happens.

This is why Bethany set up a befriending service called 'Passing the Baton' six years ago. Isolation is one of the main reasons that tenancies fail and through training church teams, Bethany seek to match marginalised and isolated people with a team that can help them become part their community and gain more support.

If you are isolated and would like to be matched with a befriender, or if you would be interested in being part of a church team, you can contact the local manager for Bethany, Andy Murray, who is based at the Credo Centre in John Street (01224 647 677 or andrewmurray@bethanychristiantrust.com).

Bethany continues to run the First Port of Call Thrift Shop in the Tillydrone Shopping Centre. We have also opened a new charity shop at 123 George Street. We are looking for stock and volunteers for both of these shops.

If you are able to help with volunteering at the First Port of Call please contact Meg Russell at the Credo Centre, John Street (01224 647 677) or if you want to volunteer or donate to the charity shop in George Street please contact the staff on **01224 642 995.** 



## Leek and Mushroom Risotto (This version is cooked in the microwave)

- · 25g/102 Butter
- · It's POlive Oil
- · I leak, cut into thin slices
- · 1 Garlic Clove, crushed
- · 3009/1002 Risotto Rice
- · 850ml/ 11/2 Pints Vegetable Stock
- · 250g/goz Chestnut Mushrooms, sliced
- sog/202 Fresh Parmesan, grated
- · Green Salad to serve

#### Method

Put the butter, oil, leek and garlic into a large bowl. Cover with cling film and cook on a high heat for 5 minutes.

Stir the rice in the hot leeks, and then stir in the stock and season. Cook, uncovered on high for 10 minutes. Throw in the mushrooms, stir and cook on high for 6 minutes.

Mix in half the parmesan and leave the risotto for 5 minutes. Serve with green salad and the remaining parmesan for sprinkling.

Per Serving: 397 calories Protein 13g Fat 13g Carbohydrates 60g Saturated fat 6g Fibre 3g Added sugar - none Salt - 1.22g



made with fresh egg yolk

#### SHREDDER THE CAT

You made me so happy when you were alive A cat with nine lives you knew how to survive You came past my house when you were a kitten My grandson fed you and we all became smitten.

You scratched the back of our legs And we thought you must go The police said contact the Cat Protection League, and so We had you for a fortnight when they decided to call By this time you had us playing games with you and that's not all You were our pet now and we vowed that we would do our Very best to look after you

Shredder you lived with me for fourteen years and its true You knew when I'd come home after work all night Four feet paddling up the path in the early daylight This black cat came running Oh! What a marvellous sight A welcome from you – was a joy to behold And my memories of you are worth more than gold!

Elsie Rennie

#### THÁT'S NOT MY JOB!

This is a story about four people named: Everybody. Somebody. Anybody and Nobody. There was an important job to be done

and Everybody

Was sure that Somebody would do it. Anybody could have done it, but Nobody did it. Somebody got angry about that.

Because it was Everybody's job.

Everybody thought Anybody could do it.

But Nobody realised that Everybody, wouldn't do it.

It ended up that Everybody blamed Somebody, when Nobody did what Anybody could have done.

## Girls Brigade in Tillydrone

Girls Brigade in Tillydrone has been around for just over 40 Years. It was first held in Tillydrone Primary School and then at St George's church when it opened in 1971, where we still meet on a Wednesday from 6.30pm to 8pm. We are the 9th Aberdeen Company, Tillydrone.

All girls welcome from the ages of primary one onwards, with no upper limit.

We have various groups for the different ages of girls and we meet from September until May. We work towards badges which have a variety of topics but our main aim is to have fun of a winter's evening and make new friends.

We like to do art work, play games, cook, and badge work, which consists of spiritual, education, service and physical activities and topics.

We also celebrate any special events - any excuse for a party and we love it.

We take the girls when in p4 and upwards to camp in the summer holidays which is all about having fun and meeting new people.

By Helen

WOODLANDS COMMUNITY RANGER

## Goodbye (not quite)

A quick update on my work in your communities.

I started here in Aberdeen almost 5 years ago (time flies!!) and began working with you all through the Woodlands In and Around Town (WIAT) Project, focussing on community engagement and helping you deliver the fantastic services you provide in some challenging environments.

When this funding ceased we sourced a replacement funding stream through the Heritage Lottery Fund and, when that ran out, through the Sustainable Urban Fringe Project. This allowed me to continue the good work you all deliver.

I am afraid to say my time involved with community engagement along the Don corridor has now come to an end as my time on the SURF Project officially ends as well. I now move to the south to work on Tullos Hill and the surrounding communities there. This is an exciting opportunity for me as Tullos Hill is a "blank canvas" and I look forward to re establishing my working relationship with organisations in Torry, Altens and Kincorth. So, still in SHMUdom to a certain degree!!!!

Although the community work itself will not continue I am more than happy to say the service I can provide (subject to resource) with the Unpaid Work team on a Thursday and Friday will. Those who listen to my show, Around With a Ranger, will know this work is as varied as the communities in Aberdeen. From early years site development to garden work to path maintenance and general repair work, we try to do it all. This means I will never be too far away so please feel free

to contact me on lochinch@ aberdeencity.gov.uk if you have something we may be able to help with. Remember, our team may be small but we do cover most of Aberdeen!!!

I would like to take this opportunity to thank all those I have worked with and for in the community. I have truly enjoyed it from start to finish and have appreciated the support I have received when it came to pushing for funding (Miss Demeanour and Mrs Porter especially!!) throughout the time here. I am often told how much people appreciate the effort I make but I have only been able to do this as a result of all your enthusiasm and dedication to your own community and clients; to not give 110% as you do would be a disservice to all of you who do so day in and day out.

By Stephen Bly

## recycle for Aberdeen

#### Why should I recycle?

Recycling your waste is important for three reasons. First, waste is a resource; new products made from recycled materials save energy and natural resources. Recycling your newspaper, for example, saves trees because old paper is used to make new paper. Second, it helps protect the environment by diverting waste from landfill, and this cuts down on harmful greenhouse gases such as carbon dioxide and methane. Third, recycling helps save taxpayers' money by reducing the amount of Landfill Tax that the Council pays to dispose of your waste.

#### How can I recycle in Tillydrone?

There are forty-three public recycling points in Aberdeen, including at all major supermarkets. Near Tillydrone, there are recycling points at the Broadsword carpark. Materials that can be recycled at these sites are: paper, cardboard, plastic bottles, food and drinks cans, aerosols, kitchen foil, foil trays and glass bottles and jars. Although recycling points are always open to the public, please be considerate of others and use them only between 8 am and 8 pm.

For properties offered a kerbside recycling collection, the Council provides a black box and white bag. The black box is for plastic bottles, food and drinks cans, aerosols, kitchen foil, foil trays and glass bottles and jars. The white bag is for paper and cardboard.

For properties offered a garden and food waste collection, the Council provides a brown bin, kitchen caddy and food waste bags. Garden waste includes grass cuttings, weeds, flowers, leaves and small branches. Food waste includes fruit and vegetable peelings, bones, raw and cooked meat, cooked leftovers, egg shells, tea bags and coffee grounds. Replacement food waste bags can be picked up at Woodside Customer Access Point or any local library.



Collection calendars for waste and recycling are available online at www.aberdeencity. gov.uk/wasteaware. There are also four recycling centres in Aberdeen. Additional items can be recycled at these sites such as waste electrical and electronic equipment, televisions, fridges, batteries, large cardboard and garden waste. Visit the Council's website for locations, opening hours and a full list of recyclable items accepted at these sites.

For more information or advice about recycling your waste, call **08456 08 09 19** or email wasteaware@aberdeencity. gov.uk.

Follow us on Facebook at www.facebook.com/ wasteaware.

By Margaret

## Dental Care in the Community



We are a team of 3 dental nurses employed by NHS Grampian and will be in your local area on a regular basis to provide help and advice on dental and oral health for adults and children including registration with an NHS dentist.

We have already visited some locations such as Cummings Park Community Flat

so watch out for our planned visits in the future.





Station House Media Unit (shmu) is situated just off Great Northern Road in the old Station House Community Centre, Woodside. We offer free access to, and training in video and radio production, and magazine and online publications to residents of all ages living in Seaton, Woodside, Middlefield, Tillydrone, Torry, Northfield and Cummings Park.



#### SHMUSOUND: WANT TO TAKE YOUR MUSIC TO THE NEXT LEVEL?

We are currently looking for young musicians from the Tillydrone areas to take part in a fabulous new project called *shmu*SOUND.

It's open to those aged 14 to 25 and is based at our state-of-the-art recording studio in the Tilly Youth Project.

You will be given a range of workshops from our expert tutors on all aspects of making music and then get the chance to record a 4-song demo with lain Mcpherson, who is Scotland's Sound Engineer of the Year.

As the project is being funded by Creative Scotland's Youth Music Initiative, it's all absolutely FREE too!

To find out more, get in touch with Stevie by email - sound@shmu.org.uk – text TRAINING and your name to 60300 or call on 515013.

This is a great chance to live your musical dreams!



## WHY WATCH TV WHEN YOU CAN MAKE TV!

The shmu Youth TV multi-camera studio is ready for action!

shmu TV aims to give YOU the skills to make TV programmes that YOU want to watch. This is going to be a project where you can choose what you want to make and we will help bring your ideas to life. We are looking for enthusiastic young people aged 14-19 who want to be part of this exciting new Internet TV channel. Come along and get involved. You need to be from the regeneration areas to be eligible but no experience is necessary. What is a multi-camera studio?

Shows like the X factor, The One show, or The Voice are all examples of multi-camera shows. They are filmed on a set and use more than one camera. Like a theatre performance everything is rehearsed and planned so that the LIVE show runs smoothly. We have a multi camera studio where we can make LIVE TV shows. Over the October break we are running drop in sessions where you can try your hand at different TV jobs from being a camera operator, director, set designer, make artist, script writer, floor manager, presenter, musician.... It's amazing how many people are needed to make a short TV show.

We definitely have a role for you!!!!
For information and training times please contact
tv@shmu.org.uk

Or text -TRAINING and your name to 60300

#### Aberdeen Lads Club Update

The Aberdeen Lads Club After School Club has 45 children on the register from Primary 1 - 7. We have 6 members of staff who have established very good relationships with the children and families we work with. Our day runs from 3:15 pm - 5:15 pm Monday to Friday, with a weekly charge of only £15.00, which includes a health snack to tide the children over until tea time. The low cost is not a reflection on the service we provide we are very proud of the high standard of care we offer at the Lads Club and this was upheld by the Care Commission.

All of the children who attend After School Club are collected from school so that you know they have arrived safely and we ask that all children are collected by an adult so that we know they will get home safely.

The After School Club is used by the families of Tillydrone for a variety of reasons to meet their very different needs. It is used by parents who need to complete their working day or even to further their education at adult learning classes or college/ university.

The parents who use our service know their children are in a safe, caring and fun environment. Some parents use our service to give their children the opportunity to play safely with their friends out-with the school environment.

We currently have a few spaces available. If you would like your

child to attend our after school club please phone **492672** or pop in and put their name forward.

#### Tillydrone Information Day at Aberdeen Lads Club CIYPP Local Event

On Thursday 30th August we hosted an Information Day with the Cash in Your Pocket Partnership. The day was a great success and we had a good turnout at the event, which ran from 10am – 2.30pm.

On the day, local residents could come along and find out more about services in the area. They could also gain information and advice on Benefits, Low Cost Loans, Debt Advice, Getting Back To Work and Training Opportunities as well as a host of other information. There was also a lunch time buffet that was a hit with all. We also held prize Bingo where local people could win shopping vouchers and even an IPod. There was face painting and balloons and you could even get a free £5.00 deposit for every junior Savings Account that was opened with Credit Union on the day.

The feedback from the people who attended the event was very good - families left with a host of freebies and armfuls of information on the services and areas of advice they required.

Thank you to all the services that attended on the day and the local people who came along and made it a fantastic day.











### **COMMUNITY CONTACTS**

#### **Tillydrone Network**

Meetings are held on the last Monday of the month at St George's Church from 6.00 – 8.00pm

29th October 2012 • 26th November 2012 • 28th January 2013 25th February 2013 • 25th March 2013

#### **Tillydrone Community Council**

Community Council meetings are every third Wednesday of the month from 6.30pm in St Georges Church.

1st November 2012 • 19th December 2012 • 16th January 2013 20th January 2013 • 15th March 2013

Alcohol		Samaritans	
Alcoholics Anonymous	0845 769 7555	Need to talk	01224 574 488
Drinkline 	0800 917 8282	Social Work	
Benefits	0000 507 0405	Emergency Out-Of-Hours	01224 693 936
Benefits Agency Advice Line	0800 587 9135	Young Carers	04004 005 000
Crime	0800 555 111	Support & Information Service	01224 625 009
Crimestoppers	0000 555 111	Water	0845 600 8855
<b>Drugs</b> FRANK – National Helpline	0800 776 600	Scottish Water Emergency	0845 600 8855
Dentist	0000 110 000	Tillydrone Community Flat	01224 486641
Emergency - G-Dens	01224 558 140	Aberdeen Lads Club	01224 492672
Doctors			
NHS 24 Emergency	08454 242 424	SHMU	01224 515013
Electricity		St Machar Parent Support Project	01224 487813
If you have a Power-Cut	0800 300 999	SCARF	01224 213005
Family Planning		Pathways	01224 682939
Square 13, Support & Advice	01224 642 711	St Machar Credit Union	01224 524935
Gas	0800 111 999	Family Learning	01224 260028
Gas Emergency Gas Emergency with a Meter	0845 606 6766		
Housing	0043 000 0700	Drugs Action	01224 594700
Emergency Repairs	01224 480 281	Aberdeen City Council	01224 522000
Call Centre Emergency	0845 608 0929	Tillydrone Housing Office	01224 489516
Police		Riverbank Primary	01224 483217
Non-Emergency	0845 600 5700	St Machar Academy	01224 492855