

TillyTattle

Summer Edition 2011

LOCAL NEWS DEDICATED TO YOUR COMMUNITY



by Liz Fitz

TillyTattle

SUMMER EDITION 2011

CONTENTS

2	Editorial
3	A Lapse of Memory
4 & 5	Hayton Road
6	Community News
7	Our Story
8 & 9	The Wallace Tower
10	Poets Corner Tilly Youth Project
11	SHMU News
12	Grampian Police
13	Smoke Free Homes & Cars Fairer Scotland
14	Donside Village
15	Health Point CAP
16	Community Flat News

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TillyTattle in colour
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and click on the
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Editorial

Welcome to your Summer Edition of Tilly Tattle.

Remember if you would like to join the editorial team or have any ideas for your community publication, you can easily get in touch with us. The staff at SHMU are able to support and train anyone living in the area who is interested to develop their ideas and skills, whether it is design or content based. So please, don't be shy, this is your magazine written, edited and designed by the good folk of Tillydrone!

If you have any articles or ideas for the next edition please get in touch with either the Tillydrone Community Flat on 01224 486641 or call SHMU on 01224 515013

Happy Reading

Supported By





A lapse of Memory or What? But What a Memory!

As I was waiting for the bus on Broad Street to take me home I looked across at Marischal College and began wondering why they hadn't started to clean the granite of Greyfriars John Knox Church adjacent to this once beautiful building. Perhaps some City Councillors don't worship like myself, I thought. This was such a popular venue for marriages; even my sister was married there.

Thinking ahead, when the conversion and refurbishment is finished and staff move in, money will be wasted further with consultations and the cost to clean Greyfriars will have doubled. Usual Council policy, I hear you say, well actually, I heard it's the Church of Scotland that won't have the building cleaned. Though it is up for sale, it's not open to the public and sadly its future is uncertain.

Here's a 25 bus now. "Hayton road please?" I asked the driver. "I don't go there, you need a number 19". He replied. Oops! I know perfectly well I needed a 19. I've been taking it for a considerable number of years - but the 25, I've been taking for a great deal longer. During the journey, I recalled that the 25 went from Hayton to Kincorth and was on time, no matter what the weather was like.

So when did Hayton become Tillydrone? Was it when all the pre-fab houses were finally demolished, I wondered. So does Hayton still exist? Can I choose either? Where do I tell people I live?! A few years back in the Tilly Tattle, I read Tillydrone got its name from a Tilly who came over with her drones of bees from Australia. Good reading, at the time I thought and after some research I discovered that the drone part represents a mound, which, as we all know, is in Seaton Park.

Do any of you remember the pre-fab's? They remind me of the multi's, lovely in the summer but freezing in the winter and we had winters in those days! People took pride in their

dwelling, with the majority having beautifully kept gardens and greens. Now what do we have? Wide open spaces of greenery where a council employee can sit on a massive lawn-mower. Enough said about that then!

"Neighbours" do you think you know yours? vvvvHi or a good morning! Does that even happen nowadays? Have you seen yours or do they keep themselves to themselves? Would you be concerned if you never saw your neighbour for a couple of days going about, in this day and age? I doubt this very much. But believe me there are still others out there who do care! Milk would never get a chance to build up on the doorstep these days either.

When we as kids were out playing one's parents didn't think of safety, because a neighbour would also be watching you as well as their own, like our own parents did. Any mischief and it was sorted out between the parents, not like today when one gets reported, and a housing officer confronts you!

I remember going to Johnnie's house and always wondered, when could they possibly have a bath in their house because their bath was always full of salmon. But that was another story about Hayton.

So now let's get this story straight and put these facts into place. Many out there I'm sure can answer the missing parts to complete this story. Hayton and Kilgour had many characters with many fantastic stories, which others and I would love to read or hear about.

I would really like to finish this story, but need your help, so please just contact Tillydrone Community Flat on 486641 or at 3b Alexander Terrace and I will get back to you for your information or story.



Hayton Road - 21st Century Housing

For the first time in almost 30 years, Aberdeen City Council is about to complete on the first phase of its' new build council housing programme which presents an opportunity to create inspirational 21st century housing which is high quality, sustainable, energy efficient and incorporates a degree of flexibility to meet the future needs of tenants.

These developments, along with others in the City are intended to re-generate areas and provide much needed accommodation within the City which will strengthen community spirit and enhance neighbourhood identities.

Phase One consists of three sites: - Hayton Road, Byron Court and Rorie Court which provide a total of 85 homes comprising of a mixture of family and amenity properties. We will be welcoming our new tenants for phase one over the summer period.

Our Phase Two development at Marchburn, Northfield (Marchburn Park) will comprise of 35 units (18 two bed flats and 17 three bed houses). It will be developed as a 'Home Zone' encouraging a more flexible and innovative approach to the design of new residential streets to create a benchmark for higher quality design in new development which will positively contribute to the character of Northfield. This development is currently under construction and is due for completion in December 2011.

Aberdeen City Council's commitment to increase its affordable housing within the city has identified the former Croft House as its Phase Three development for the rolling New Build Programme within the City. This site, now renamed

'Oldcroft Gardens', will see the development of thirty-one new family homes (twenty, two-bed flats and eleven, three-bed houses) to this area.

This area is well-catered for by local amenities and also has good transport links in and around the City. The development is due for completion in March 2012.

For any further details or information, please contact Paula Mann or Maria Thies on 523155/522147.

Housing Types (Tillydrone):

Type A (Houses) 3/4 bedroom, 4 units

Type B (Houses) 3/4 bedroom, 8 units

Type C (Flats) 2 bedroom (4 person), 18 units

Total No. of units = 30

Rents:

Type A (Houses) 3/4 bedroom = £144.01 per week

Type B (Houses) 3/4 bedroom = £137.64 per week

Type C (Flats) 2 bedroom = £99.50 per week



Riverbank School's view on Hayton Road

As you know, the Stewart Milne company has been building new houses on Hayton road. They are trying to make them eco-friendly and use less energy.



On the roof of the house you can find solar panels utilising our sun as the main source of energy. The house also has a rain harvester which is able to collect up to 2,800 litres of rain water.



The houses consist of two floors. On the ground floor you can find a kitchen, bathroom, bedroom and a dining room. On the first floor there are three bedrooms, another bathroom and three big wardrobes.

Outside, the house has its own spacious garden and its own parking space.



Alongside the houses there are also flats. Though they have less rooms, they are very comfortable to live in. They are also easily accessible to wheelchair users.



The houses are still new, but very soon there will be people, happy to be living in them.

Spring Clean in Tillydrone!



Aline, one of the volunteers with the PEER project part of Family Learning decided to join in the national campaign to Keep Scotland Tidy by organising an event in Tillydrone. Eight families took part despite the rain and managed to collect 12 large black bin bags of rubbish from the green areas in the centre of Tillydrone.

A big thank you to Stephen Bly, Community Woodlands Ranger who provided the group with litter grabbers; Helen Polson who let us use the Tillydrone Flat after we had finished; Helen and Alison for making the delicious sandwiches and Greggs who gave us lovely caramel slices, which were very tasty! Soozy who provided a play session for the children after their lunch, Lorna who provided the gloves and health and safety advice, the council men who picked up all the rubbish we collected and last but by no means least, Aline who organised the whole event and kept us running to military precision.

Family Learning Update

Challenge Grandparent, a group supported by Family Learning, went climbing recently with 4 adults and 4 children attending.

The children were first to take to the side wall and grappled their way across with no problems. Needless to say the adults were less keen....moving across to the small climbing walls, everyone gave it their best with the children doing particularly well having none of the nerves of the adults!

Many thanks to the staff at Transition Extreme for showing us the ropes!



Riverbank School Prom



Riverbank School had their end of year Prom before the school broke up for the summer holidays. The young people were escorted to the prom in a stretch limo, and if the photos are anything to go by, everyone was dressed up to the nines and a good time was had by all!



Arts Development 'Our Story'

Our Story has been a year long intergenerational project involving seven regeneration communities in Aberdeen, funded through Fairer Scotland. The first part of the project was in partnership with Aberdeen International Youth Festival and led to each community taking part in the Tartan Day Parade in summer 2010.

The Our Story Exhibition was recently showcased at Aberdeen Art Gallery highlighting art work from groups created from September 2010 to March 2011. The communities involved worked with the team to create inspirational work about their creative journey and story.

Tillydrone

The Tillydrone Art and Heritage Group have an interest in creative writing so as part of 'Our Story' they produced a small collection of hand-made books inspired by the Wallace Tower, which stands at the Tillydrone entrance to Seaton Park. They

researched the tower and visited the City archives to gather further information to inspire their books. The group felt it was important to share their knowledge and stories with local school pupils.

Workshops were set up with Riverbank School, supported by Arts Development, and storytelling sessions were delivered to create further storybooks with the pupils, which were again inspired by the Wallace Tower. During this project the adult and children's group worked together to produce a boxed set of imaginative story books, of 'goings on,' in and around the tower.

As part of the Our Story Exhibition programme, Storyteller Grace Banks, led a storytelling session to the public in the space. A visit from pupils from Riverbank Primary School was also organised to enable the class to see the Our Story Exhibition and experience stories of 'goings on,' in and around the tower.

One participant enthused that;

"the project made the children think, and showed them they can do things they may not have thought they could. Seeing the final artwork in Aberdeen Art gallery made me feel proud."

For more information on Arts Development please contact:

Community Arts Manager
Elspeth Winram

Tel: (01224) 814731

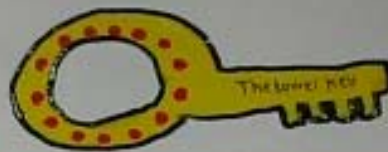
ewinram@aberdeencity.gov.uk

www.artsdevelopment.co.uk





1939



Ghosts of Wallace Tower

This is My Story

What happened
last Saturday

Stories of The Wallace Tower

What Happened last Saturday

By *Laura, Julia, James, Jake and Dimitrij*

Last Saturday afternoon Laura, Julia, Jake, Dimitrij and James were playing at Seaton Park. The boys chased the girls up the hill. Laura and Julia found the Wallace Tower to hide in. When they went inside they discovered a room filled with toys from a hundred years ago. They began to play with the old toys. They had a lot of fun playing with the old fashioned things. They were about to leave when they went to a door which they thought was the front door, but it was a pub! They felt lost in the pub, all the people in the pub were very old. The police rescued Julia, Jake, Laura, Dimitrij and James. We said thank you to the police man and we all went home.

The Tower Key

By *Catherine, Josh, Kuba, Sebastian and Kayleigh*.

A ghost dinner party in Wallace Tower.

After dinner the ghost looked around the Tower, meanwhile, a man who is the ghost's friend looked around outside the Wallace Tower. He finds a key... and a puzzle on a door in the side of the Tower. The key operates the puzzle. A door opens! The man falls through a trapdoor in the floor. The ghosts heard him fall and they go to look for their friend. The ghosts find their friend, but they fall into the hole too. They are trapped under the Tower forever! The trapped ghosts and the man turn into daffodils and bloom around the Tower every Spring.

This is My Story

By *Kelsey, Jorden, Chloe, Robert and Kallum*

This is my story. I used to live in Seaton Park with just the spring flowers and trees as my company. I was just a lonely tower on the brink of demolition. My life was terrible back then. I got vandalised in my old years. With my windows blocked up I was a sorry sight. Then one day, while the X- Factor concert was going on in

Aberdeen, Simon Cowell drove past in his limousine. He took pity on me and had me refurbished. Now I am a posh celebrity rated five star hotel. Celebrities from near and far come to stay in me. I have good company and I am very happy.

Wallace Tower 1939

By *Heather, Aiden, Livia, Bartosz and Natalia*

A long time ago... in... 1939. Hitler entered the Wallace Tower in the centre of Aberdeen. In the Tower there is no one... but then... he hears someone speaking in the room beside him... He stands beside the door and listens. He finds a crack in the wall and peeks through.....He sees Sir Robert Keith, who originally built the Tower, British Princess Diana and British Queen Victoria. They are planning to use the Tower as a base for the British War effort. When Hitler hears this, he runs to tell his soldiers. Hitler and his soldiers plan to attack the Tower and make it their own. The Wallace Tower had a statue. This statue was magical.



To last term's primary six pupils of Riverbank School; thank you for your participation, enthusiasm and dedication to getting this project underway alongside our Art and History group which is based at Tillydrone Youth Project, comprising of Lailah Elok, Liz Fitzpatrick and myself Peter Robertson.

In conjunction with Arts Development we created a box set of books about the Wallace Tower. This was for the Arts and Crafts Exhibition at Aberdeen Art Gallery and involved all the regeneration areas' across the city.

All the projects on display were of a very high standard. The expression on each child's face upon seeing their finished work exhibited in the City Art Gallery, one couldn't put into words, but what a story to tell the grandchildren!

Peter Robertson



Hitler didn't know this...

When the statue saw the Tower surrounded by Hitler's soldiers, it came to life to defend its home. The statue's sword was magical. The statue used it to dissolve all the soldiers with one sweep of his arm. The Tower was safe. Hitler remained. He managed to steal the magical sword. But as soon as Hitler took it, it lost all of its power. The Tower was safe. Hitler was never seen in Aberdeen again... and neither was the sword.

Ghosts at Wallace Tower

By Estelle, Dominika, Kamil, Demi, Niko and Leanne.

A lonely tower stands. Nobody will go in it. One day, a girl called Gemma said she would go inside the Tower. So Gemma went inside... It was dark and she could hear noises. Gemma started to wander about in the dark. She tried to open a door. It was locked. Then she felt a tap on her shoulder... She turned around and saw a ghost! She

SCREAMED! Gemma ran... as fast as she could. But she was trapped - where could she go? The ghosts took Gemma to a cage and locked her up. Then Gemma saw a black cat! She whispered "Go Kitty! Get the keys!" The cat brought Gemma the keys... She got the keys! She was FREE... Next thing, she was running away, she escaped! Do Gemma's friends believe in ghosts ..?

POETS CORNER

Imaginativeness

What ever will I write about, what ever will I say?
An article for the Tilly-Tattle, hip hip hooray.
Edit and spell-check, sort the layout perhaps too.
Then hand it to Denise, to take back to shmu.
So all I can speak about is what's going on.
They're going ahead with the third bridge of Don.
Affordable housing down at Donside paper mill.
Ecstatic with excitement, oh what a thrill.
What's about the new ones there on Hayton Road?
Who's been allocated one? You'll have to ask God!
There is always Wallace Tower, it was first to close.
St Machar, Aberdon, Portal, what else? God only knows.
So with all the new houses, I hope I find a friend.
To go to nursery with, and till our schooldays end.

Sofia Zarzoso

Elsie's Poem

I am over 70 years old and mentally unstable
As well as that I'm physically disabled
I talk to myself and tell myself what to do
I've got two large bunions, on both of my feet
which hinders me when wearing a shoe
I've a corn on the joint on my middle right toe
which hinders me wherever I go
If that's all that's wrong, I shouldn't complain
Even although my feet, they drive me insane!

Elsie Rennie



TILLY YOUTH PROJECT

TYP is going through huge changes. We have stopped our 16-25 year olds programme in the afternoons. This programme offered various learning opportunities including cookery, confidence building and health & wellbeing activities. Young people were also able to do job searches and work on their employability skills. This work can continue at the Community Flat.

We have also had to make changes to our general youth work programme over recent weeks. Sadly, due to Council 'savings' it looks very probable that all of the day time programmes at TYP will now be stopping. It's not all doom and gloom though. Discussions are happening about trying to keep the Youth Project open in the evenings at least. This will mean a lot of work for our Management Committee though, so any other local support would also be really welcome.

It's been a busy time at the project over the past few months. Alongside the day to day programme, the Management Committee have been meeting regularly, there has been the girls trip to Birmingham, a couple of residentials have happened and our Easter Play Scheme was busy as usual.

The High Frequency Music Project went on a residential to Cromdale with a music group from Middlefield Community Project. This was a fantastic opportunity for young people from different parts of the city to work together doing something that they all loved.

We are very sad to see the excellent work carried out over the years ending and hope that you continue to fight for local services for our young people. We have really enjoyed working at TYP and getting to know all the young people who have come through the project. We will all leave the project with lots of fond memories.



Celebrate Aberdeen

On Saturday the 11th June, the SHMU volunteers marched down Union Street as part of the 'Celebrate Aberdeen' parade. The parade was organised by ACVO to recognise all the hard work being carried out by the voluntary sector in Aberdeen.



The SHMU contingent was made up of volunteers including Radio Presenters, Editorial Team Members, The Youth Radio Project (YRP), shmuTRAINees as well as shmu staff.

"It was a great turnout and good for the city, the best bit was seeing all the different charities involved and being part of the SHMU Team"

Gary Cheyne - shmu Volunteer

shmuTRAIN

shmuTRAIN offers unique employability and skills development courses which support people into work, education or training. Community and digital media, including radio and video, is used to help develop core skills such as communication, confidence and team work.

Positive Transitions is a fantastic opportunity for 16-19 year olds who are not in education, employment or training to take part in a 12 week course. **PTVIII starts on the 26th September**

shmuWORKS is a fantastic opportunity for 18-25 year olds who are not in education, employment or training to take part in a 6 week training programme.



POSITIVE TRANSITIONS VIII

shmuFM

shmuFM offers training and support to volunteers so they can produce and present a variety of issue-based, music and community programming shows on 99.8fm.

The next series of beginner courses begin on the following dates:

5th September from 7pm to 9pm

9th September from 2pm to 4pm

25th October from 7pm to 9pm

27th October from 2pm to 4pm



TRAINING IN THE STUDIO

If you are interested in learning more about any of our courses, please call **shmu** at (01224) 515013 or email us at training@shmu.org.uk or just text the word TRAINING and your name to 60300.



Are You Special?

Grampian Police are looking to recruit more Special Constables to provide additional support to local policing teams and communities. Are you Special?

Special Constables are trained volunteers who support and assist regular police officers carry out their duties. They wear the same uniform as regular police officers and have the same powers and responsibilities and can be called upon to assist in all areas of police work including patrols, community engagement, specialist operations, attending incidents and royal visits.

They can report for duty at any mutually-convenient time on a regular or irregular basis, depending on their work or lifestyle commitments. Some of the Force's Special Constables work in the evenings or at weekends. Others prefer to be on duty during the day.

Many Special Constables choose to work in the area where they live so that they can become more involved in their community. Others choose to work away from the area they live in, in order to keep their private lives and their police duties separate.

Ed Fitzgibbon, Local Policing Inspector for Tillydrone said: "Special Constables are an extremely valuable resource who make a vital contribution to our policing activities. Those who volunteer as a Special get a lot of satisfaction from helping make a difference to their community whilst improving their career prospects from the skills they develop working on the beat."

Specials Constables are unpaid although a £1100 award is available if Specials join the recognition award scheme which requires a person to work a minimum of 45 four hour shifts over a 12 month period and attend some training nights.

Anyone interested in becoming a Special Constable can call Sergeant Ian Chalmers on 0845 600 5700 or visit the website at www.grampian.police.uk

Local Policing Teams

I wrote previously telling you about the Grampian Police move into Local Policing Teams (LPTs). I told you how the Tillydrone, Woodside and Old Aberdeen communities are now covered by Officers based with the police office in Coningham Terrace. We are now a year and a quarter on and I can report back to you a number of positives from this change.

The Officers working here are the same as when the LPT's were set up in April 2010. They have got to know the area and the people who live here. They have attended the community meetings and report back on their discussions there so that we can do something about the issues raised. We have seen a reduction in anti social behaviour and our Vandalism figures have reduced, with their detections rates improved.

From the discussions at the local community meetings, we have focused out work on:

- Anti-social behaviour
- Drugs
- Police response times / crime prevention

These are the issues which have concerned people, so we ensure that our work addresses these concerns.

We now produce quarterly reports which are distributed in the area but can also be seen on the Grampian Police website. This quarterly document provides a good synopsis of the work of your LPT and gives examples of the things we have done towards the above local concerns.

Officers from the Tillydrone LPT started trialling the new Police Body Worn Video Cameras (BWVs) during 2010 and these are now a permanent feature. It means that when Officers are in confrontational situations, at road accidents, etcetera, then they can use their body worn video to record what is taking place. Both video and audio is recorded and can be used in court.

If you have any queries, please call at the Tillydrone Police Office for a chat.

Ed Fitzgibbon

Inspector

Tillydrone Police Office



Smoke Free Homes and Cars

NHS Grampian in Partnership with Grampian Fire & Rescue Service and Aberdeen City Council has developed a pilot project to encourage parents to protect their families from second-hand smoke by making a commitment to one of the following promises:

- **Step One:** Make your home and car completely smoke free at all times, so that your children (and any adults) will be healthier.
- **Step Two:** If step one is too difficult, restrict smoking to one well ventilated room or area and never smoke in front of your children in the home. Although your family will still be affected by second-hand smoke, it will hopefully be less harmful and discourage your children from becoming smokers when they are adults.

What is second-hand smoke?

The smoke blown out when someone is smoking a cigarette and the smoke from the end of a burning cigarette is known as second-hand smoke. The fine particles from smoke linger, spread to other rooms and stick to every surface and everyone. Smoke from a cigarette contains over 4000 chemicals, most of which are dangerous with some causing cancer. These chemicals don't need to be inhaled directly from the cigarette to cause harm, so not only cause problems to smokers but also to those around them.

Why is it dangerous for my children?

Because children breathe faster, their lungs and immune systems are still developing, their little hands touch everything they are much more vulnerable to the effects of second-hand smoke.

What can I do?

If you are a parent and interested in trying to create a healthier environment for your family, you could ring the following number to request a help pack: 01224 555 336

Or, if you are a professional working with families and would like to know more about our training programme, please call the same number and we will get back to you.

Fairer Scotland Fund

The Fairer Scotland Fund is no longer ring-fenced by the Scottish Government, but Aberdeen City Council has decided to continue the Fund, and has allocated £1.625m for this year.

The Council held a Community Summit in January to discuss the future of the Fairer Scotland Fund. This was attended by 80 people representing disadvantaged communities and vulnerable individuals, as well as a number of local elected members. One of the outcomes from the summit was that the FSF Board will be reviewing the overall programme, thematic and neighbourhood, over the coming year.

The Fairer Scotland Fund Board, which includes a majority of community reps from the regeneration areas, has allocated funding to a variety of projects. Some of the funding awarded is subject to a 6 month review, and a subgroup of the Board has been formed to take this forward.

The current programme, based on national and local priorities, and the amounts allocated to them, are:

Priority Theme	Cost(£)	% of Fund
Neighbourhood Programme	393,210	24%
Employment & Training	324,904	20%
Income & Financial Inclusion	281,055	17%
Health	204,860	13%
Community Safety	110,206	7%
Literacy	68,204	4%
Support Team / Running Costs	84,500	5%
Community Support Fund	45,500	3%

For further information about the Fund, please contact **Susan Thoms**, Fairer Scotland Fund Coordinator, on **523833**, or email

sthoms@aberdeencity.gov.uk



Donside Village

Tenants First Housing Co-operative is leading on the construction of high quality affordable housing, for rent, sale and low-cost home ownership at the former paper mill site in Tillydrone. There are commercial and community enterprise initiatives available in the development, which involves partners Chap Homes and Langstane Housing Association.

Tenants First Housing Co-operative is Britain's largest fully mutual Housing co-operative. The tenant members control the co-operative by being actively involved in committees who make decisions about the running of the co-operative. The majority of the co-operative's properties are affordable housing for rent. New developments, like Donside Village will offer a mixture of housing types and options for sale and rent

Donside Village sits between Tillydrone Road and the River Don. It has inspiring and peaceful views across the river. There are 300+ homes planned over the next 3 years.

The early phases are a mixture of flats and houses, for rent, sale, and Low cost Initiative for First Time buyers (LIFT). LIFT is a Scottish Government Initiative to help householders get on to the property ladder. Later phases of the development provide more for rent, sale, and commercial property.

Phase 1 has a total of 44 homes. There are 35 properties for rent, 5 LIFT properties and 4 for sale:

Rent: 25 houses with 2, 3 or 4 bedrooms

5 two storey flats with 2 bedrooms

LIFT: 5 houses with 2, 3 or 4 bedrooms

For sale: 4 houses with 2 or 3 bedrooms

Phase 2 has a total of 28 homes. There are 11 properties for rent, 14 LIFT properties and 3 for sale:

Rent: 7 houses with 2, 3 or 4 bedrooms

4 properties in a 2 storey block of flats

LIFT: 10 houses with 2 or 3 bedrooms

4 properties in a 2 storey block of flats

Sale: 3 houses for sale

The building work continues to progress well. The foundations for Phases 1 to 2 are laid. The first kit houses arrived on site in mid-May and the roofs going on make the house look complete. All the properties in Phases 1 and 2 are built with timber kits and an exterior brick wall.

Please contact **Michelle Ingram** on (01224) 628400 or Email: enq@tenantsfirst.com for more information on rent, low cost home ownership and properties for sale.

Further information, photographs and site plans can be viewed on Tenants First Housing Co-operative website:

www.tenantsfirst.com/new-homes/on-site/donside.asp

If you are interested in applying for a home in Donside, please register with homehunt at:

http://www.homehunt.info/homehunt_nes.shtml



Tenants First
HOUSING CO-OPERATIVE

A New Way to Access the Healthpoint Service: Healthtext

The public in the North-East is to get easier access to NHS Grampian healthpoint service. The new healthtext will make it easier for people to get advice about long term illnesses such as heart disease, help with stopping smoking or guidance about benefit entitlement to exercise classes.

Anyone looking for advice should text the word 'Info' to 82727 and a trained health advisor will return the call during office hours.

The information is free and confidential and our friendly staff will be able to help with a wide range of health related issues. Texts are charged at the standard network rate.

The service offers information and advice on:

- Practical ways to improve your health
- Information about health conditions

- Access to support groups and organisations
- Long term conditions, e.g. Diabetes, Asthma
- Information on your health concerns
- How to access NHS services
- Employment within the NHS
- Access to free condoms
- Access to smoking cessation services

You can contact Healthpoint by calling the free health-line on 0500 20 20 30, emailing healthpoint@nhs.net or dropping into one of the local walk in healthpoints at the Aberdeen Indoor Market, Aberdeen Royal Infirmary concourse, the Hot Spot, Kirk Street, Peterhead or Dr Grays Hospital in Elgin.

The Council Face in the Community

Do you know about Customer Access Points?

There are three Customer Access Points in Aberdeen situated in Kincorth, Mastrick and Woodside. They are the accessible face of the council in our communities. At the Customer Access Points we try to deal effectively with your enquiries and have a large range of services and information on offer:

- Applying for Disabled Badges (Blue and Green)
- Applying for Access to leisure
- Applying for an Accord Card / National Entitlement Card;
- Bioliners for your food waste caddies;
- Booking a bulky item uplift;
- Council housing and council tax forms
- Dog waste bags for sale;
- Education Maintenance Allowance;
- Making a Goodapple Housing application;
- Making garden maintenance payments;
- Parking/garage/allotment spaces.

- Pay any Aberdeen City Council bill;
- Paying any parking fines due;
- Paying Rent and Council Tax ;
- Recycling and bin collection Calendars;
- Reporting a housing repair;
- Reporting road/pavements defects, street light faults;
- Sale of Multi journey tickets for the community bus
- Sale of school dinner tickets;
- School clothing and footwear applications;

All payments can be made with cash, debit and credit cards (1.6% admin fee charged) and by cheque.

For more information please contact:
Woodside Fountain Centre
Marquis Road, Aberdeen
AB24 2QY

01224 524920
woodsideCAP@aberdeencity.gov.uk



M26 Group

For males over the age of 26 years. The group runs on a Tuesday 12 - 2pm and Thursday 10am - 12pm. Activities are held on a Tuesday which include the garden project, outings include gorge walking, swimming, rockwall climbing, fishing, bowling and mountain biking with lunch provided.

Thursdays is a drop-in with board games, information days e.g. housing, benefits, or to come in for a chat. Very informal. Tea and coffee served and from the 6th September we shall be in our new base at Unit 5, Tillydrone Shopping Centre, Hayton Road.

We also have a Drugs Action Worker with us on a Tuesday if you need to talk or get information.

Aileen Davidson
Co-ordinator



Good Bye, Farewell!

I would like to take this opportunity to thank everyone in the community for being so welcoming and friendly.

The last 3 years have passed so quickly and I have been very lucky to meet so many fantastic enthusiastic learners both at Portal Community Centre and the Tillydrone Flat and provide them with a wide range of adult learning classes.

Due to council cuts and restructuring, I am leaving my post in July and off to university to do a Masters in September. Wishing you all the best in the future!

Rebecca Baird

Coming Soon...The LURCHMONSTER'S Tilly Butcher

The butcher's shop at 61 HAYTON ROAD will open in September 2011

Family History

Liam Scott (The LurchMonster) is a highly-skilled, time-served, butcher. At 22 years of age he is one of the youngest butchers in Aberdeen. He has managed shops and is very enthusiastic and optimistic about the Tilly Butcher.

George Scott (Father) will be the oldest apprentice butcher around! Some of the Tilly Tattle readers may recognise him as being the manager of The Broadsword Bar.

Customer Promise

"Freshness, Quality and Price are the foundations upon which the Tilly Butcher will be built on and be judged by."

We have plans to expand into deliveries very soon and we look forward to meeting friends old and new where you will receive first class produce and first class service.

Opening Times

The shop will be open Monday to Saturday from 7am - 6pm (Monday to Friday) and 7am - 5pm (Saturday).

