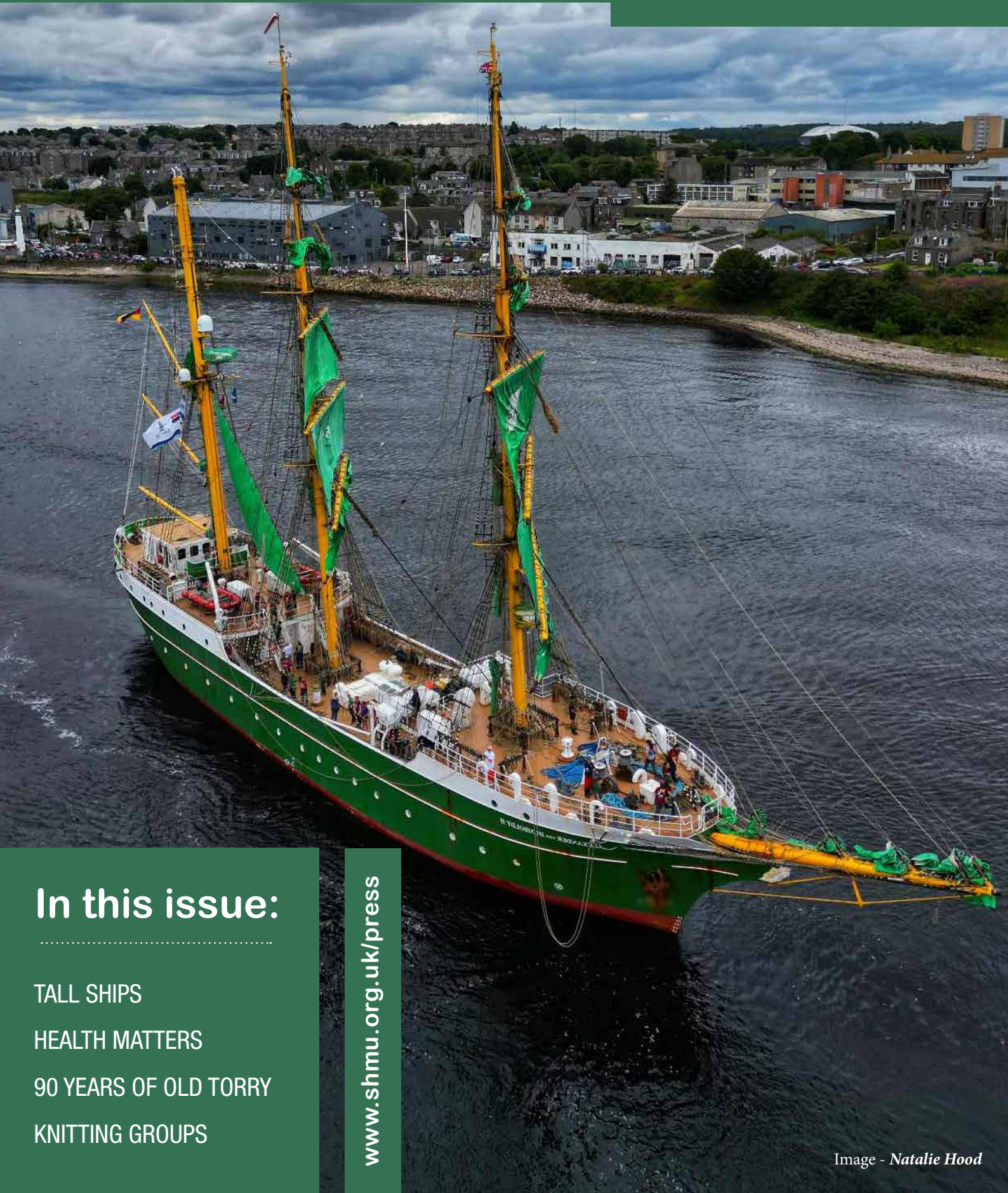


Torry's **Vision**

Summer 2025



In this issue:

TALL SHIPS

HEALTH MATTERS

90 YEARS OF OLD TORRY

KNITTING GROUPS

www.shmu.org.uk/press

Image - Natalie Hood

Torry's Vision

Summer Edition 2025

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Torry Vision Letters to the editor page

The editorial team of the Torry Vision want to hear from you.

The team are introducing a new interactive section to the magazine and want to hear from the community.

In this section, you can write to the editors of Torry Vision, let us know of issues and events taking place in the community, send us your thoughts on topics we have covered. Have your say of what you want to see represented in the magazine and what you'd like to read.

Please email rose.ross@shmu.org.uk with the email subject TV Letters to the Editors to have your letter included in the magazine.



editorial

Welcome to the summer edition of Torry Vision.

Celebrate Old Torry Community Centre's 90th birthday, find out about volunteering opportunities and more.

If you would like to get involved and join the editorial team or if you have ideas for the community publication, you can easily get in touch with us. The staff at shmu are able to support and train anyone living in the area who is interested in developing their ideas and skills in either writing, photography or proof reading. So please don't be shy, this is your magazine written, edited and designed by the good folk of Torry.

If you live in Torry and would like to come along to the editorial meetings or submit an article then get in touch with Rose at shmu on **07752586312/ 01224 515 013** or you can email her on rose.ross@shmu.org.uk.

You can also view this magazine alongside previous editions on the shmu website www.shmu.org.uk then click the 'PRESS' option.

Torry's Vision is a community publication and the views expressed are not necessarily those of the editorial team or of shmu.

happy reading.

Supported by



90 years of Old Torry

In 1935, the Old Torry Community Centre first opened as one of three Fisherman's Missions in Torry. Once the Second World War started, the OTCC, like many public buildings at the time was used as a military resource until 1945.

After the war ended, the OTCC was purchased from its owner by the then Corporation of Aberdeen and used as a classroom for use by Victoria Road School whilst the bomb-damaged building was rebuilt over the coming years. From the 1950s onward, the OTCC was in use as a village hall supporting ballroom dancing, darts, and theatre groups. In 1996, it became part of the school's portfolio of the newly formed Aberdeen City Council however, the Centre was closed in 2008 by the City Council as an austerity measure. Then in 2011, a group of local people led by the late John Will got permission to run the Centre for community activities. Years of campaigning and fund-raising slowly brought the Centre up to modern standards of amenity for a growing number of diverse activities to meet community needs for a local friendly space.

In 2016, the then management group concluded that to develop the Centre for future needs they needed to achieve charitable status for the Centre's Association which started in 2017. That development enabled a new round of opportunities for fund raising and working with other community organisations like the International Youth Festival.

Over the years, we have been lucky to meet folk who told us their stories of the Centre from the 1950s onwards, however, no-one has ever been able to find any photos to share to give us a visual record to keep.

This year is the 90th Anniversary of the OTCC, and you can help us if you have any stories to share and even better if any old photos are still tucked inside a show box in the back of a wardrobe! We would love to hear your stories so please contact us at the Centre.



Guizer Theatre Group 1984-02-05 Touchwood



Guizer Theatre Group 1978-01-07 Torry Community



Torry 1980-02-25 Community Centre



Salvation Army 1991-05-29 Torry Community Centre

Connected Torry

CONNECTING PEOPLE, ORGANISATIONS AND FORCES IN TORRY

Have you heard about Connected Torry?

Connected Torry, the one-stop-shop community website for Torry has been live for a few months now.

The website is the place to find out about what's going on in Torry, find about groups and services, keep up to date with the latest news and more! This is the best place to keep up with all things Torry in one handy place, whether you're new to the community or have been here for years.

It's for the whole community to contribute to as well! If you have an idea of something you think should be featured on the site, whether its community news, an event you know about or photos you'd like to share, please don't hesitate to visit the submit/contribute page and share them with us!

This is your website, we want to make sure it works for you so please do share your thoughts with us!

Visit www.connectedtorry.org to check it out.

Torry Organisations!

We want you to get involved and make it your own too!

Have your group/organisation featured on the directory page. Add a one-off event or regular session to the calendar. Have you produced a film, podcast or magazine? Have it displayed on the media pages. Keep us up to date with all your goings on by submitting something for the news page or a feature item.

All you must do is visit the submit/contribute page on the site and fill in the simple form for what you'd like to contribute to the site. We are happy to help, so please feel free to get in touch with us if you'd like us to show you how it all works or if you have any other questions! Email Rose on **Rose.Ross@shmu.org.uk**

Likewise, please, we want this site to meet your needs too, so please let us know your thoughts on what you'd like to see featured. Make sure to visit www.connectedtorry.org or scan the QR code!



TORRY'S VISION VOLUNTEERS NEEDED!

Torry's Vision are looking for volunteers to join our editorial team! The Torry Vision is your community magazine, and for it to be truly representative of the community, we need residents to get involved and help out with the production of the magazine.

The magazine is put together by a local editorial team of volunteers, with the support of shmu's Community Media Development Worker, Rose. This is the community's platform to celebrate their successes, share their news, raise awareness to issues affecting them and anything that is important to them.

How does the editorial team work?

We produce three editions of Torry Vision per year. The Editorial

team meet three times during the production of each edition to discuss ideas, plan content and plan the page layouts of the magazine.

We currently meet in the Café in Greyhope Community Hub for editorial meetings. The next magazine we will be producing will be the Autumn edition and meetings will begin in September.

What can I do as part of the editorial team?

There are a variety of things that editorial team members can get involved in. There is no pressure to do everything, just what you are interested in doing. Rose is also available to support volunteers to help them to contribute.

Here's some of the things you can do:

Join the meetings, share your thoughts and ideas.

Connect with other community members.

Write articles.

Photography – we always need photos for front covers and for content within the magazine.

Proofreading/editing.

Attending community events.

To make Torry's Vision as representative of the community as possible we need your help! Please get in touch with Rose by emailing rose.ross@shmu.org.uk or calling **01224 515 013** to enquire and/or arrange a time to chat further. Or if you'd like to chat to our current fantastic volunteers, we can organise a meeting of the team.





THE KNITTERS

Old Torry Community Centre
Tuesday 2:45 pm to 4:45 pm

On a Tuesday afternoon we gather at the Old Torry Community Centre, Abbey Road at 2:45.

This group has been running for approximately two years.

At the moment, we have a group of 10 to 12 people who attend every week. We knit, crochet and natter. Have a cup of coffee, tea and a biscuit. On Tuesday 1st July we had an afternoon tea spread. This was to celebrate another year and the start of the summer.

Everyone is welcome we have a range of different ages and different abilities, but we all help each other. Some people came with no real knowledge, and it is amazing what they are accomplishing now.

This group will be running during the summer if you are interested please contact The Torry Community Centre:-

01224 894925

Email: kerriannwood1@gamil.co.uk

ALICE'S KNITTERS

Greyhope Community Hub
Wednesday 1pm to 2:45 pm

On a Wednesday afternoon we gather at the library at Greyhope Hub. This group has been running for two years.

This group name was dedicated by the group when one of our ladies passed away suddenly. Alice was a Torry character and a well-loved person.

We hoped when we started the group that some of the young mum's would be able to join us to learn a new craft. Some mums have joined and it has been amazing to see many of them are showing great talent and also helping new people who attend especially with the crocheting.

We have a mixture of all ages and at all stages of knowledge. We all learn from each other.

At the moment we have a group of 10 or 12 people. We knit and natter and have a cup to tea, coffee or whatever we would like from the coffee shop at the hub. We have a couple of people who attend that just come for the natter, but we do not leave them out, from matching needles and winding up wool from part of an item that did not get finished.

Everyone is welcome.

This group will be running over the summer holidays in the library at Greyhope Community Hub. If you wish to join, please contact Donna or Dorothy at Greyhope Hub. Dorothy **07515699607** or just pop along.

Knitting needles, crochet hooks and wool that has been donated are available for anyone that would like to try this new hobby.





Torry Health Matters Network

It's been a busy last few months for the network.

In May we started the **Greyhope Men's Breakfast every Wednesday from 10.00am -11.30am** - all men are welcome to pop in. A space for men to chat and we plan to have some Boccia sessions over the summer, why not come along and give it try.

Men's Wellbeing Day on 12th June was busy with around 40 men visiting the Hub. There were 30 services/organisations who to offered health advice, support and put a spot light local run community groups.

We are looking at the feedback and planning some new activities for men in the next as a result of the day. This will be a mix of social activities and fitness classes.

Jog Torry every Tuesday at 6.00pm – jogging for fun and

health. Pull out your trainers and jog at a pace that suits you. Plenty support to cheer you on Couch to 1km or 5km or even more. **Contact Teresa tedufficy@aberdeencity.gov.uk**

Men In Mind is dedicated to promoting mental wellbeing & reducing the stigma surrounding men's mental health. Their mission is to create a community where mental health is openly discussed and supported.

New Torry group starting Wednesday July 30th 6.30 -9.00pm in Greyhope Community Hub and every Wednesday thereafter.

Computing Class for beginners – if you are interested in learning some new skills. Contact **01224 070407 or email communities@aberdeencity.gov.uk** to find out more.

Torry Men's Shed – we have a few men interested in getting a local group up and running. Want to find out more? Contact **Donna 07917 305827**

Cooking Classes – Dorothy and Val are local food champions. They are keen to help people learn how to cook food from scratch, make healthy choices and cook on a budget. **Call Dorothy on 07515 699607** for more info.

Save the date - Friday 17th October at Greyhope Community

Family Health Day will be a family fun event where families can access range of access to health and educational services and information, there will be lots of free activities that promotes ever everybody's health and wellbeing.

Unlocking Opportunities:

The Benefits of Working with a Pathways Employment Keyworker

Searching for a job can be **Overwhelming, especially when facing barriers such as lack of experience, low confidence, or gaps in employment. That's where a Pathways Employment Keyworker can make a significant difference. Acting as a dedicated guide and support system, a Keyworker helps individuals navigate the job market with confidence and clarity.**

Personalised Support

One of the greatest advantages of working with a Pathways Keyworker is the tailored support they offer. Rather than a one-size-fits-all approach, Keyworkers take time to understand each individual's background, skills, aspirations, and challenges. They work closely to develop a personalised action plan that outlines clear, achievable steps towards employment.

Building Confidence and Motivation

Job searching can be disheartening, especially after rejections or a long break from work. Keyworkers provide consistent encouragement and emotional support, helping individuals build their self-esteem and stay motivated. Through regular check-ins and progress tracking, they ensure their clients remain focused and positive throughout the journey.

Access to Training and Skills Development

Pathways Employment

Keyworkers can identify areas where additional training might boost employability. They often have links to courses, workshops, and resources that can help individuals gain new skills, update qualifications, or even pursue a completely new career path. This ongoing development can open doors to better and more sustainable job opportunities.

Expert Job-Matching and Applications Support

With a strong understanding of local job markets and employer needs, Keyworkers can help match individuals to roles that suit their strengths and goals. They assist with crafting effective CVs, writing compelling cover letters, and preparing for interviews — ensuring candidates present themselves in the best possible light.

Continued Support After Employment

The relationship with a Keyworker doesn't end once a job is secured. Many offer in-work support to help individuals settle into their new roles, handle any early challenges, and ensure long-term success. This follow-up support is crucial in maintaining employment and progressing within the workplace.

Pathways Counselling Service

Everyday life can pose problems that can be hard to cope with. Counselling offers an opportunity to come and talk these through and resolve them where possible, with one of our team of professionally trained counsellors. The service is completely

confidential, and we accept self referrals as well as referrals from other organisations and professionals.

Bridging to Other Support Services

Often, barriers to employment go beyond the job search — such as housing issues, health concerns, or financial difficulties. Keyworkers can refer individuals to relevant support services and community resources, offering an integrated approach that addresses the full picture.

Conclusion

Working with a Pathways Employment Keyworker is more than just getting help with a job search — it's about having a dedicated ally who believes in your potential, helps you overcome obstacles, and supports you every step of the way. Whether you're just starting out, returning to work, or looking to change careers, a Keyworker can be the key to unlocking a brighter, more secure future.

Email info@pathways-online.org / Call 01224 682 939





Silver City Surfers Celebrate 20 Years of Digital Support for Older People

Special Birthday Afternoon Tea

Silver City Surfers, the Aberdeen based charity, marked a significant milestone in May, celebrating 20 years of empowering older people across the city with vital digital skills.

A special birthday celebration took place at the Town House, hosted by Deputy Lord Provost, Councillor Steve Delaney and with guests including long-standing volunteers, new supporters, trustees and coordinators, all gathering to reflect on two decades of dedicated service.

The event was a joyful occasion, filled with heartfelt speeches and shared memories. Volunteers-past and present-were at the heart of the celebration, recognised for their invaluable contributions over the years. From its early beginnings to its present-day achievements, the charity has grown into a vital lifeline for older people seeking to stay connected in an increasingly digital world. None of which would have been

possible without the amazing team of Silver City Surfers volunteers.

Throughout its 20 years, the charity has never lost sight of its mission: to reduce isolation, promote learning, and ensure that older people are not left behind in the digital age. Even during the challenges of the Covid-19 pandemic, the organisation adapted and continued to support its users, demonstrating resilience and commitment to the community when it was needed most. With daily life now moving further into the digital realm and at an alarming speed, the charity's work is more essential than ever.

As the tea and cake were enjoyed and old friends reconnected, the message was clear: Silver City Surfers has not only survived but has thrived for 20 years and Louise Farmer, Chair of the board, extended "A big thank you to everyone who's been part of the journey".

Margaret Smith, a former Lord Provost of Aberdeen, was also

in attendance, joining her fellow trustees in marking the milestone. Having been with the charity since the very beginning, Margaret spoke passionately about its growth and impact over the last two decades, and the strong community support that has been present throughout.

Silver City Surfers continues to prove that age is no barrier to learning, connection, and community- and that with the right support, everyone can find their place in the digital world.

You can find them at various venues across Aberdeen every week.

And every Tuesday from 10.00am until 12.00pm you'll find them in Torry at the library, Greyhope Community Hub!

Adults of any age are welcome. A volunteer tutor will be available along with a cup of tea.

www.silvercitysurfers.co.uk

Tel: 07799 371329



DATES FOR THE DIARY

LOOK OUT FOR THE FOLLOWING EVENTS:

Please keep checking the new website for Torry - Connected Torry

Indoor/Outdoor Boot Sale:

Sunday 24th August 2025 10am – 1pm –
Balnagask Community Centre

Please contact Carol on : 01224 062779 / 07715 303177.
£10 a table please call and reserve.

(This is all weather permitting)

FREE MEN'S BREAKFAST
Greyhope
Community Hub



Every Wednesday from 7th May 25
10:00am - 11.30am

BREAKFAST ROLL, CUPPA AND CHAT

Here are a few groups you can find in Torry

The Knitters: Tuesday 19th August 2025 - 2:45 pm – 4:45 pm Old
Torry Community Centre

Alice's Knitters Wednesday 20th August 2025 - 1.00pm – 2:45 pm
Greyhope Hub

Bingo Wednesday 20th August 2025 - 6:00pm – 8:00pm Balnagask
Community Centre

Men's Club Monday 18th August 2025 - 10:00 am – 12:00pm
Balnagask Community Centre

(during the summer this is running on a Tuesday Morning same time)

Lunch Club First Friday of Every Month (starts) Friday 5 September
12pm Balnagask Community Centre

Men's Breakfast Wednesday's - 10am to 11:30am -
Greyhope Community Hub

Souperb Monday's 11:30-12:45pm – Old Torry Community Centre

Men in Mind Wednesday's 6:30pm to 9pm –
Greyhope Community Hub

EVERY MONDAY **FREE EVENT**



SOUPERB

11.30 - 12.45
HOME MADE SOUP AND TOASTIES

Old Torry

We want to share your groups and events!
Please send us information on regular groups,
one off events and everything in between and
we will be delighted to share them on
Connected Torry and within Torry Vision.

Visit the submit/contribute page on
www.connectedtorry.org or contact
rose.ross@shmu.org.uk for more info.



Operation Armour

Operation Armour is an intelligence led operation relating to the criminal and anti-social use of Electric Bikes and Electric off-road motorcycles across Aberdeen City.

For the past few years Police Scotland have been inundated with calls from the public in relation to the use of Electric pushbikes, scooters and Electric off-road motorcycles that are being used on pavements, roads and in public places illegally. This anti-social behaviour is intimidating communities and posing serious dangers to both pedestrians and road users.

Electric pushbikes or e-bikes in common language, must meet a particular criterion to have the same legal standing as regular non-assisted bicycles. This is required for e-bikes to be permitted on the roads, cycle paths and other places where bicycles are allowed under UK law. Electric assistance can only be provided to a maximum of 25kph (15.5mph). The motor

used must be of no more than 250 Watts (maximum continuous rated power). The e-bike's pedals must be in motion for motor assistance to be provided. The rider must be 14 years of age or over.

Trial areas have been set up for e-scooter rental companies throughout the UK however not in Scotland. Due to this E Scooters here are illegal to use. To ride one you must have the category Q entitlement on your licence. A full or provisional licence for categories AM, A or B includes the entitlement for category Q. Provisional licence holders do not need to show L plates, and you do not need to wear a cycle helmet by law, however it is recommended. You must have insurance for an E scooter however unless it's within a Trial area it is very unlikely the rider will have any in place. The most common charges you will come across in relation to E scooters is no licence or no insurance.

Electric-off-road motorcycles are capable of high speeds and are illegal to use on roads. The

rider must have insurance, a driving licence and must wear a helmet. Most of these electric off-road motorcycles are not registered for road use and therefore cannot be insured. The riders routinely conceal their identity and do not have registration plates on the bikes, making them difficult to trace. The riders will also 'goad' Police to take chase, however Police Scotland tend not to pursue them given the risk of serious injury or worse.

Throughout the month of May, the Community Action Team have been making efforts to identify those that own these E-motorcycles and identify where they are being stored. Various nominals and addresses have been identified throughout the city with help from the public.

To date several E-motorcycles and E-Scooters have been seized by the Community Action Team, and various nominals have been reported to the Procurator Fiscal and Children's reporter for various Road Traffic and Misuse of Drugs Offences.



CIVIC RECEPTION FOR ABERDEEN'S COMMUNITY CENTRES

Aberdeen celebrated the invaluable contributions of its community centres with a special civic reception held on Wednesday, June 25th. The event, filled with positivity and warmth, brought together 300 representatives from across the city's diverse network of community centres. The evening saw the attendance of the Lord Dean, Lord Provost, Lady Provost, Maggie Hepburn (CEO of ACVO), and Burgess Paul O'Connor MBE. These dignitaries joined in recognizing the tireless efforts of the volunteers and staff who dedicate their time and energy to making Aberdeen's community centres a vital resource for residents.

The Lord Dean's speech was a particular highlight of the evening. Emphasizing the crucial role of volunteers in maintaining vibrant communities. Describing community centre volunteers as "the glue that binds communities together," acknowledging their often-unsung contributions to the city's social fabric.

The civic reception served as a well-deserved opportunity to thank the individuals who work tirelessly to provide essential services, foster connections, and create a sense of belonging within Aberdeen's diverse communities. The atmosphere throughout the evening was one of genuine appreciation and celebration, underscoring the importance of community centres as cornerstones of a thriving city.

The event's success highlights Aberdeen's commitment to supporting and recognizing the vital role of its community centres. By bringing together key figures and dedicated volunteers, the civic reception reinforced the importance of these hubs in building a stronger, more connected, and resilient Aberdeen.

In attendance were trustees and volunteers from the Old Torry Community Centre who all felt the civic reception was a resounding success. It served as a platform to express gratitude for the tireless efforts of volunteers, while also highlighting the crucial role that community centres play in fostering social cohesion and enhancing the quality of life for residents across the city.

AUDREY NICOLL MSP

I hope everyone in Torry is enjoying the brighter days and taking time to unwind - whether that's a family holiday or making the most of our local attractions and community events.

I am grateful to constituents who continue to get in touch, especially those affected by RAAC. I continue to engage with Aberdeen City Council and the Scottish Government to seek a solution that avoids homeowners losing out. I'm grateful to the former Housing Minister Paul McLennan for meeting directly with homeowners and to the recently appointed Cabinet Secretary Mairi McAllan for intimating her desire to find a timely solution. I will continue to work with the Cabinet Secretary and remain committed to supporting everyone affected by RAAC going forward.

Safety and security concerns arising from the sheer number of empty houses in Balnagask continue to cause concern, these have been passed to Police Scotland and Aberdeen City Council for their attention.

I want to acknowledge the ongoing debate around the Assisted Dying for Terminally Ill Adults Bill. I recently voted in support

of the Bill at Stage 1 to enable debate to continue, however without aspects of the Bill being amended, I am unable to commit to continuing to support the Bill at Stage 3. I welcome contact from constituents on this complex and sensitive topic.

The recently passed Care Reform (Scotland) Act will improve social care and support and enshrine Anne's Law, strengthening residents' rights in care settings. The Act will also improve the quality of social work services and strengthen advocacy services.

As our daily lives become more dependent on technology, the risks from cyber-crime grow. The National Fraud and Cyber Centre offers helpful guidance on how to protect phones, tablets and laptops. I'd encourage everyone to take a few minutes to check their own settings – it's well worth it.

You can find out more information here: www.ncsc.gov.uk/section/products-services/themes/protect

Finally, congratulations to Torry based Touch of Love, for winning the People's Choice award at the Scottish Charities Awards 2025. Touch of Love do incredible to support minority ethnic communities and New Scots,



helping them feel valued and included. In 2024, the organisation reached over 10,700 people through youth activity, food banks, and maternal mental wellbeing programmes. Well done!!

As always, I am here to help! Please don't hesitate to get in touch with me at:

Audrey.Nicoll.MSP@Parliament.scot or 01224 876743.



ARRRRR me Hearty's!

shmu's Multimedia Mob have been on a fantastic voyage, covering the Tall Ships Festival in Aberdeen.

The team were awarded media accreditation at the festival, and took full advantage of the opportunity, filming, interviewing and more across the weekend!

The volunteers had a brilliant time seeing behind the scenes of the festival, from the morning media briefings, getting an early look at the ships before the harbour was open to the public and a particular highlight, enjoying a trip on the media boat round Blaikies Quay. The team were professionals at work, interviewing

sailing crew, festival goers and even delivering pieces to camera on the media boat.

This was a perfect opportunity to get real life, practical industry experience, use their skills and boost their confidence in their ability. Staff at shmu were impressed with the group and would like to thank the Multimedia Mob for their hard work throughout the festival.

Multimedia volunteer Maggie shared her experience. "It was a fantastic atmosphere, with the opportunity to see so many different beautiful boats close up, the BAP Union had a very interesting display of Peruvian culture/cuisine/customs. It was such

an uplifting feeling of seeing so many enthusiastic young people from so many different countries/cultures united in their passion for sailing and adventure, seeing Aberdeen buzzing and full of life.

"I would love to cover more of this kind of events as Multimedia Team if they were to happen in The 'Deen. I thought it was a very moving Parade of Sail with Aberdonians waving and pipers piping boats away..."

You can find our reels and videos on shmu's social media and our YouTube channel, shmuTV or listen out on shmuFM to catch our audio package! Make sure to check them out!



Book a bulky Uplift

Fly tipping and the leaving of items on the street are issues that keep on arising in the Northfield Community. Did you know that **Council Tenants are entitled to have 4 standard household items collected for free each year as part of their Tenancy agreement?**

Booking an uplift is easier than you may think. Go to **-www.aberdeencity.gov.uk/services/bins-waste-and-recycling/book-bulky-uplift** - to book an uplift or find out more.

To report fly tipping go to www.aberdeencity.gov.uk/services/environment/report-flytipping

Items that can be uplifted - Beds, Mattresses, Furniture, Cookers, Fridges, Freezers, Electrical items, Internal doors

Please note any items that need to be connected to any power or water supply must be disconnected before the collection can be done. Any item that requires liquid fuel to power it must have fuel removed prior to collection. Also note that large items should be dismantled where possible.

If you are not a council tenant, you can still book a collection but the following charges apply and you must make payment before a collection can be scheduled.

£45 for four standard household items (certain items have an additional charge)

£22.50 for four standard household items if you receive Housing benefit or Council Tax benefits (you must

provide your benefit reference number when booking.

Items with additional charges

£90 per item includes –

American style fridge freezer, Piano, Kitchen Units, Bathroom suite (toilet, bath, sink), Sheds and greenhouses (must be dismantled), Built in Cupboards, Window frames (without the glass), Fencing, Garden toys (e.g. slides, sandpits).

£45 per item –

Industrial BBQ/grills, Sun bed without tubes – tubes must be taken to the recycling centres at Tullos or Hazlehead (addresses below).

Items which can't be collected

Restrictions due to health and safety legislation means we can't collect any of the following items:

Asbestos, Builder's rubble and materials, Car engines, Central heating boiler, Glass and shards of glass, Chemicals, Liquids of any type, e.g. paints, varnishes, oils (fuels required to power any items must be removed before collection), Motorcycles, Tyres, Tree stumps, Gas cylinders

Recycling Centres

**Tullos Recycling Centre,
Greenbank Crescent, AB12 3BC**

**Hazehead Recycling Centre, Hazlehead Avenue,
AB15 8BJ**



Community Contacts

Aberdeen City Council Helpline - 0800 0304 713

ALCOHOL

Alcoholics Anonymous - 0800 9177 650

Drinkline - 0300 123 1110

CRIME

Crimestoppers - 0800 555 111

DRUGS

Alcohol and Drugs Action Helpline

01224 594700 or 07927192706

Narcotics Anonymous

0300 999 1212

DENTIST

Emergency - G-Dens - 111

DOCTORS

NHS 24 Emergency - 111

POLICE

Non-Emergency - 101

ELECTRICITY

If you have a power-cut - 105

GAS

Gas Emergency - 0800 111 999

WATER

Scottish Water Emergency - 0800 0778 778

SEPA Odour Reporting Hotline - 0800 80 70 60

(for reporting odours believed to be linked to Nigg Waste Water Treatment Works)

HOUSING

Emergency Repairs - 03000 200 292

Family Planning - 0345 337 9900

Mental Health Aberdeen - 01224 573892

Breathing Space - 0800 838 587

Samaritans - Need to talk

01224 574 488 or 116 123

SOCIAL WORK

Adult Protection - 0800 731 5520

Joint Child Protection Team

01224 306877 or 0800 731 5520

Aberdeen Carers Support Service -

01224 914036

Age Scotland - 0800 1244 222

CFINE 01224 596156

Financial Advice at CFINE 01224 531386

Pathways 01224 682 939

Citizens Advice 01224 586255

Penumbra First Reponse 0800 234 3695

Torry Medical Practice

8am – 6pm

Contact: 0345 337 9977

Holburn Medical Practice

01224 400800

Local Councillors

Councillor Lee Fairfull

01224 346652, lfairfull@aberdeencity.gov.uk

Councillor Christian Allard

01224 346642, callard@aberdeencity.gov.uk

Councillor Micheal Kusznir

01224 346653, mkusznir@aberdeencity.gov.uk

Councillor Simon Watson

01224 346654, simwatson@aberdeencity.gov.uk

Audrey Nicoll MSP

audrey.nicoll.msp@parliament.scot

Stephen Flynn MP

01224 213114, stephen.flynn.mp@parliament.uk

DOMESTIC ABUSE SUPPORT

Domestic Abuse is not acceptable. It is not your fault and you are not alone. Domestic Abuse is when you are hurt, bullied or frightened by: Your husband or wife, your boyfriend or girlfriend, your current or ex-partner

Their behaviour can be; controlling, physical, sexual, financial or emotional.

Help and support

There are services available to support you, and they are still open. You do not have to wait for an emergency to get help. Tell someone you trust or contact:

Police Scotland

If you are in danger and it is an emergency, call 999. For non-emergencies call 101

National Domestic Abuse Helpline Free and confidential advice. Open to all. 24 hours a day.

Telephone: 0800 027 1234. Website: sdafmh.org.uk

Grampian Women's Aid

Telephone: 01224 593381. Website: grampian-womens-aid.com

Rape Crisis Grampian Telephone: 01224 590932.

Website: rapecrisisgrampian.co.uk